

JAN/FEB 2012

Bulletin

MEMBER MAGAZINE FOR THE POLK COUNTY MEDICAL SOCIETY

Legislative
Breakfast

**Kathie J. Lyman
Scholarship**

ANNUAL
MEETING



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Medical Society*

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Bulletin

JAN/FEB 2012

MEMBER MAGAZINE FOR THE POLK COUNTY MEDICAL SOCIETY

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Cover Photo: L-R 2011 President John H. Zittergruen, D.O. receives book with his Bulletin articles in it from 2012 President, Lynn M. Nelson, M.D.

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“Legislative Breakfast”

at the Capitol

The Polk County Medical Society met with over 60 Iowa Legislators on Wednesday, January 18th at the Iowa Capitol. On behalf of physicians and their patients, members of the Polk County

Medical Society advocated with the leadership and members of the legislature on PCMS 2012 legislative priorities.



L-R: Steve Eckstat, D.O., Representative Linda Upmeyer, Mark Menadue, D.O. and PCMS President Lynn Nelson, M.D.



L-R: Senator Jim Seymour and Ravinder Agarwal, M.D.



L-R: Representative Renee Schulte and PCMS President Lynn Nelson, M.D.

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“Meaningful (?) Use”



Lynn M. Nelson, M.D.

Physicians have, for at least the last ten years, been bombarded by entities promoting rapid integration of EHR into their medical practices.

The strongest proponents are corporate and governmental ones. Advocates claim that EHR will improve quality of care, decrease medical errors, improve communication, improve record security, decrease cost, and improve efficiencies. Many physicians believe that early results of EHR are, at best, mixed.

Each of us are aware of medical colleagues who believe the quality of their documentation and/or efficiency has suffered with EHR. Some EHR systems require extraordinary effort to remove data incorrectly and inadvertently entered. Despite customized templates, patients with unusual findings or unusual medical problems present documentation challenges. Some large clinics in central Iowa have, despite much hassle and expense, given up on their EHR system and purchased a new one. There are even reports of physicians choosing to retire early rather than

utilize EHR. The United Kingdom recently markedly curtailed its 18 billion dollar EHR investment after determining that it neither improved health nor saved money. Some hospitals report significantly decreased revenues attributable to EHR inefficiencies, even 18 months after EHR implementation.

Given that paper records are gone and EHR is here to stay, what is a physician (particularly one technologically challenged) to do? Certainly, companies will, over time, produce EHR systems that better serve patient and physician needs, albeit at significant expense and hassle to implement. Physicians must be vigilant in working with their practice, clinic, and/or hospital IT and administration for system modifications that improve patient documentation and physician efficiency. We must also remember that EHR provides potentially great benefits - particularly in regard to record availability and communication.

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—Thomasine Durham

In Memory of

PAUL FROM, M.D.



Paul From, M.D. was born in Valley Junction, Iowa on June 5, 1924. He served in the Army Air Corp while in medical school and graduated from the University Of Iowa College Of Medicine in 1948. He completed his internship at Broadlawns Medical Center. In 1949 Dr. From joined the Mercy Hospital Medical Staff as a general practitioner. However, he returned to training in Internal Medicine at the Veterans Memorial Hospital in Des Moines and in 1952 began his Internal Medicine practice. Dr. From served as Medical Director of the Iowa Air National Guard for 16 years.

In Dr. From's more than 60 years of association with Mercy Medical Center, his contributions to the development of the organization, to the advancement of medicine in our community, and to the well-being of the thousands of patients for whom he cared, are beyond description. Paul was, more than any other single individual,

responsible for Mercy becoming the world-class tertiary medical center it is today. Paul's vision, hard work and dedication to patients resulted in tremendous advancements at Mercy in internal medicine, cardiology, cardiovascular and thoracic surgery, pulmonology, oncology and other clinical programs. Dr. From was a great person, admired, respected and loved by all who knew him. He loved his work, and his patients and colleagues were the beneficiaries of his many years of experience and compassion.

Dr. From retired from practice in 2007. However, he continued to work as an expert medical witness until his death. We were fortunate to have had him as part of our community's medical family.

David H. Vellinga
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Congratulations to **David E. Drake, D.O.** who was chosen by the Des Moines Human Rights Commission to serve as its next chair.



Congratulations to **Mary A. Radia, D.O.** who was featured in the **Des Moines University Magazine** Fall/Winter 2011 for joining DMU Board of Trustees.



Congratulations to **James Kimball, M.D.**, for winning a walk-on part for the play *Wicked* at the Civic Center.

Kathie J. Lyman “Scholarship Recipients”



**PCMS President Lynn Nelson, M.D. presents Kathie J. Lyman Scholarship to
Des Moines University medical student Jing Grace Wang**

The 2012 Kathie J. Lyman Scholarship recipients were presented their \$1,000 scholarship award at the Polk County Medical Society Annual Meeting.

Jing Grace Wang, a Des Moines University Osteopathic medical student was the recipient of the Kathie J. Lyman \$1,000

Scholarship Award presented to her at the annual meeting.

Matthew Bream, a University of Iowa Medical student was the recipient of the Kathie J. Lyman \$1,000 Scholarship Award presented to him at the annual meeting.



Kathie J. Lyman presenting scholarship to University of Iowa medical student Matthew Bream

The scholarship was created to provide support to medical students' annually from the University of Iowa Medical School and Des Moines University Osteopathic Medical School to recognize both scholarly achievements and financial needs.

Thanks to all of the doctors who contributed to the Kathie J. Lyman Scholarship Fund in 2011. Your support sends a clear message that PCMS doctors are grateful to the

young professionals who chose medicine for a career. Your support of future medical students is important.

If you have not yet contributed, you still can by sending your check to the Polk County Medical Society Kathie J. Lyman Scholarship Fund 501(c)(3). Make a difference in the life of a medical student.

“ANNUAL MEETING”

& Installation of 2012 Officers

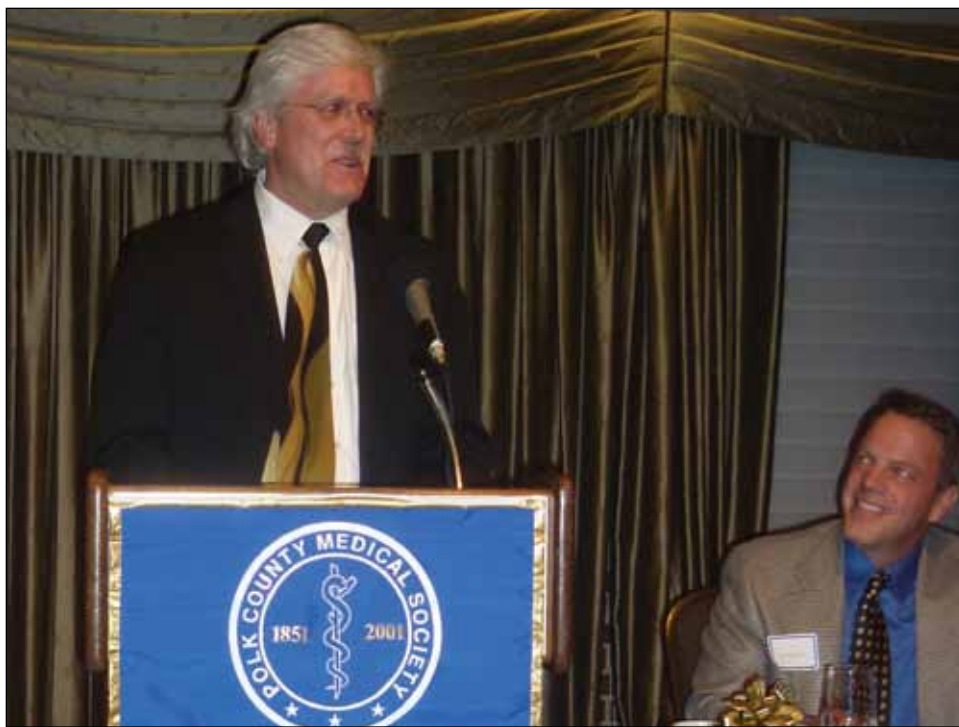
The Polk County Medical Society held their Annual Meeting on Wednesday, February 1st at the Des Moines Golf and Country Club. The 2012 PCMS officers were elected and installed.

Over 150 PCMS members, hospital administrators and guests were present as Governor Terry Branstad opened the dinner

ceremonies and discussed his healthcare goals for Iowa. Charlie Wittmack, J.D. shared his exciting experiences on the World Triathlon. Richard Deming, M.D. shared his story on Above + Beyond Cancer's 2011 trek to the Base Camp of Mount Everest. The 3rd recipients of the Kathie J. Lyman Scholarship were presented with their scholarship awards.



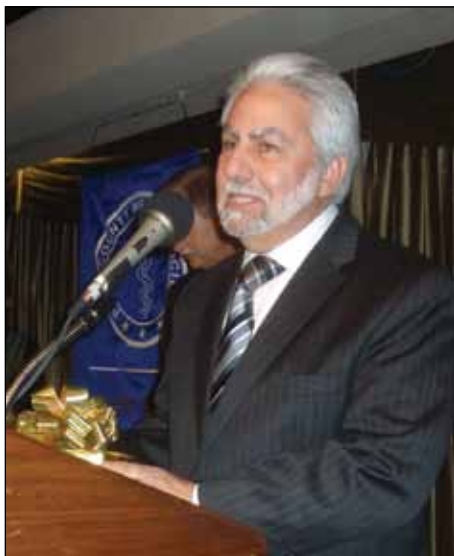
Governor Terry Branstad addressing PCMS members and guests



Senator Jack Hatch sharing his state healthcare initiatives as PCMS President Lynn Nelson, M.D. listens.



Richard Deming, M.D. sharing his story on Above + Beyond Cancer's 2011 trek to the base camp of Mount Everest



Steve Eckstat, D.O. accepting Government Relations award.

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Charlie Wittmack, J.D. sharing his experience on the World Triathlon.



L-R: Caroline Boehnke, M.D. and Thomas Becker, M.D.



R-L: Heather and Matthew Brown, M.D.



L-R: Jeffrey Maire, D.O., Yogesh Shah, M.D., Des Moines University President Angela Walker Franklin, Ph.D., Thaddeus Franklin and Carolyn Beverly, M.D.



Richard Deming, M.D. sharing his story on Above + Beyond Cancer's 2011 trek to the base camp of Mount Everest



L-R: Elizabeth & Everett Nitzke, M.D. and Marion Alberts, M.D.



L-R: Bruce Reese, Kelly Reed, D.O. and Janie Hendricks, D.O.

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L-R: Olaf Kaufman, Diana Kaufman, M.D., Amy Bingaman, M.D. and Al Bingaman



**L-R: Mercy President & CEO David Vellinga and
Craig Mahoney, M.D.**



L-R: Sandhya and Amar Nath, M.D.

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Bakke, Ryan S., M.D.

Education: University of Osteopathic Medicine and Health Sciences
Specialty: Family Practice

Dr. Bakke currently practices at Broadlawn's Medical Center,
1801 Hickman Road, Des Moines, IA



Bartels, Peter, D.O.

Education: University of Osteopathic Medicine and Health Sciences
Residency: University of Iowa, Iowa City, IA
Specialty: Neurology

Dr. Bartels will begin practicing in August at Methodist Plaza Specialty
Clinic, 1221 Pleasant St., Suite 300, Des Moines, IA



Canady, Kerry J., D.O.

Education: Des Moines University, Des Moines, IA
Residency: Riverside Methodist - Internal Medicine, Columbus, OH
Specialty: Internal Medicine

Dr. Canady currently practices at CIC Associates, 1601 N.W. 114th St.,
Ste. 347., Des Moines, IA



Johnson, Bryon, D.O.

Education: Des Moines University, Des Moines, IA
Residency: University of Iowa-Internal Medicine, Iowa City, IA
Specialty: Internal Medicine

Dr. Johnson currently practices at CIC Associates, 1601 N.W. 114th St.,
Ste. 347., Des Moines, IA



Ordona, Truce, M.D.

Education: Cebu Institute of Medicine
Specialty: Psychiatry

Dr. Ordona currently practices at Broadlawn's Medical Center,
1801 Hickman Road, Des Moines, IA

NEW MEMBERS



Purdy, Bryan M., M.D.

Education: University of Nebraska Medical Center, Omaha, NE

Residency: University of Arizona - Anesthesiology, Tucson, AZ

Specialty: Anesthesiology

Dr. Purdy currently practices at Medical Center Anesthesiologist,
411 Laurel St. Ste. 3170, Des Moines, IA



Soldat, Lisa G., M.D.

Education: Virginia Commonwealth University School of Medicine,
Richmond, VA

Residency: University of MN - Family Practice, Minneapolis, MN

Specialty: Family Practice

Dr. Soldat currently practices at Broadlawn's Medical Center,
1801 Hickman Road, Des Moines, IA



Stoye, Allen E. Jr., M.D.

Education: University of Minnesota, Minneapolis, MN

Residency: Hennepin County Medical Center Surgery, Minneapolis, MN

Specialty: Anesthesiology

Dr. Stoye currently practices at Medical Center Anesthesiologist,
411 Laurel St. Ste. 3170, Des Moines, IA



Thompson, Nicholas C., M.D.

Education: University of Iowa Carver College of Medicine, Iowa City,
IA

Residency: Wake Forest University, Forsyth, NC

Specialty: Anesthesiology

Dr. Thompson currently practices at Medical Center Anesthesiologist,
411 Laurel St. Ste. 3170, Des Moines, IA

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Volunteer Physician Network Reaches 425 Physician Volunteers

The Volunteer Physician Network (VPN) has reached 425 physicians who participate in providing access to specialty care for the working poor of our community. We would like to thank the VPN physician volunteers, hospitals, specialty clinics and surgery centers for their dedication and support in making this program a success.

Through the VPN program these dedicated PCMS physician volunteers give back to the community by providing specialty care to the uninsured, underinsured and working poor below the 200% federal poverty guideline.

The VPN coordinates specialty care on a rotating basis including lab work, imaging, interpretive services and hospitalization so physician charity care is distributed evenly throughout the medical community.

Please consider becoming a part of this essential charitable community program through volunteerism with the VPN. Please visit www.volunteerphysicians.org or contact Nicci Dean, VPN Administrator at 515-288-6346 or vpn2@pcms.org

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L-R: Senator Amanda Ragan and Nancy Kane, M.D.



L-R: Philip J. Colletier, M.D. and Senator Brad Zaun

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L-R: Senator Pat Ward, Kate Massop, M.D. and Donny Suh, M.D.



L-R: Teresa La Masters, M.D. and Representative Kevin Koester



L-R: Representative Eric Helland and Rick Sidwell, M.D.



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