# Builetin MEMBER MAGAZINE FOR THE POLK COUNTY MEDICAL SOCIETY

ANNUAL MEETING LEGISLATIVE BREAKFAST KATHIE J. LYMAN SCHOLARSHIP

Lynn M. Nelson, A



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# Bulletin MEMBER MAGAZINE FOR THE POLK COUNTY MEDICAL SOCIETY

Inside This Issue

### **Feature Articles**

Kathie J. Lyman Scholarship Recipients	4
Congratulations 2013 Executive Council	7
In Memory - Joseph Song, M.D.	9
In Memory - David Wadle, D.O.	11
Legislative Breakfast at Capitol	14
Annual Meeting	16

### **Monthly Articles**

President's Message	5
Doctors in the News	13
New Members	23
March Birthdays	27
April Birthdays	28

Cover Photo: L-R: 2013 President Phil Colletier, M.D. with outgoing 2012 President Lynn Nelson, M.D.

*Articles and editorial inquiries should be directed to:* 

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# KATHIE J. LYMAN 2013

# **SCHOLARSHIP RECIPIENTS**



Kathie J. Lyman presenting scholarship to University of Iowa medical student Matthew Bream.

The 2013 Kathie J. Lyman Scholarship recipients were presented their \$1,000 scholarship award at the Polk County Medical Society Annual Meeting.

Justin Bloomberg, a Des Moines University Osteopathic medical student was the recipient of the Kathie J. Lyman \$1,000 Scholarship Award presented to him at the annual meeting.

Jessica Gaulter, a University of Iowa Medical student was the recipient of the Kathie J. Lyman \$1,000 Scholarship Award.

The scholarship was created to provide support to medical students' annually from the University of

lowa Medical School and Des Moines University Osteopathic Medical School to recognize both scholarly achievements and financial needs.

Thanks to all of the doctors who contributed to the Kathie J. Lyman Scholarship Fund in 2012. Your support sends a clear message that PCMS doctors are grateful to the young professionals who chose medicine for a career. Your support of future medical students is important.

If you have not yet contributed, you still can by sending your check to the Polk County Medical Society Kathie J. Lyman Scholarship Fund 501 (c)(3). Make a difference in the life of a medical student.

# LEGISLATIVE CHALLENGES



Philip J. Colletier, M.D.

It is a great pleasure to have the opportunity to represent the Polk County Medical Society for 2013. This is an exciting and pivotal year for

healthcare, although I suspect that many of my predecessors have opined a similar sentiment in the past decades!

President Barack Obama's historic 2010 Patient Protection and Affordable Care Act is in the midst of a four year introduction comprising a comprehensive system of mandated health insurance and reforms. In June 2012 the U.S. Supreme Court found the law to be constitutional. Included in the law are several health related provisions that take effect over several years. One of the most important and contentious of these is that of expanding Medicaid eligibility.

Unless you've been on a prolonged sojourn to Bora Bora, you'd have a hard time not noticing this issue, which has been in the forefront of the news as of my writing. The law allows for expanding Medicaid eligibility for people making up to 133% of the federal

poverty level (\$88,000 for a family of four in 2010). In terms of insurance, premiums would be subsidized for people making up to 400% of FPL so maximum out-of pocket payment for annual premiums will be on a sliding scale.

The Supreme Court's ruling on the Affordable Care Act allowed states to opt out of the law's Medicaid expansion. Accordingly, each state's decision whether to participate is in the hands of the nation's governors and state legislators.

As of Feb 20 2013, there were 13 states not participating, 5 states leaning toward not participating, 3 states leaning toward participating, 23 states and the District of Columbia participating and 6 states listed as undecided / no comment.

On Feb 22, Governor Branstad met with U.S. Health and Human Services Secretary Kathleen Sebelius in Washington D.C. and reiterated that he would not support an expansion of Medicaid. He has instead requested a federal waiver to continue lowaCare, which was due to expire at the

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# In Memory of

# Joseph Song, M.D.



Joe was born in Pyong Yang, Korea on May 11, 1927. He escaped communism in North Korea in 1946, first by mingling with Japanese deportees on a train headed south. Ultimately, he crossed the 38th parrallel on foot, walking at night to go undetected. In South Korea, he graduated from the Seoul University College of Medicine in 1949. During the war, he served as a physician in the R.O. Korean Army, and he dreamed of doing cancer research in the United States. In 1952, he came to the University of Tennessee, where he became a board certified pathologist. He subsequently obtained a visa and a federal grant to study womens reproductive health in Providence, R.I., and during this time he taught classes at Tufts University Medical School. As a visiting lecturer at the University of Illinois Medical School in 1955, he met Kumsan Ryu, a young Internal Medicine resident. They married in April, 1958. He was appointed Associate Professor of Pathology at the University of Arkansas School of Medicine in 1960, and was recruited to become the director of Pathology at Mercy Hospital in Des Moines in 1965. He was the sole pathologist at Mercy when he arrived. He held that position for 28 years.

Joe published 2 major textbooks, "The Human Uterus", and "The Pathology of Sickle Cell Anemia". He received the Martin Luther King Jr Medical Achievement Award for Outstanding Contributionin Research of Sickle Cell Anemia at the NCAAP Convention in 1972. Joe was the first person to dected solid tumor cells in transit in the bloodstream in 1969. He founded the Mercy School of Cytology. He instituted cancer screening programs for cervical and colon carcinoma, radical concepts at the time. He also authored 2 novels.

Joe passed on August 1st, 2012 at the age of 85. He was a pioneer in the Medical community in Polk County.

### PRESIDENT'S MESSAGE

continued from page 5

end of this year. Medicaid currently serves more than 400,000 lowans. State Human Services estimates are that expansion would add 110,000 to 180,000 more lowans to the Medicaid rolls. The Governor has maintained his position on Medicaid since taking office in 2011.

Meanwhile, an Iowa Senate subcommittee advanced a Medicaid expansion bill to the Iowa Human Resources Committee, reportedly approval is expected next week. The pros and cons of Medicaid expansion for Iowa are numerous and great controversy exists, with disagreements between very knowledgeable individuals whose wisdom and integrity I respect greatly. Ultimately,

I am hopeful that a compromise can be reached to provide meaningful care to this group of uninsured lowans.

If you would like to review the Medicaid expansion bill (SF 71) go to www.legis. iowa.gov and enter "SF 71" in the Bills Quick Search field. There you can click on "Lobbyist Declarations for SF 71" and learn what groups are for, undecided, or against the bill.

We at the PCMS board welcome your opinions and input – please feel free to contact me at PJC111@aol.com or Kathie Lyman, Executive Director, at kjlyman@pcms.org.

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# In Memory of

# **DAVID PAUL WADLE, D.O., DABPM**



David Wadle died following a courageous battle with mantle cell lymphoma that lasted over a period of four years. Dave leaves behind his best friend and wife of 38 years, Patricia, daughter Katherine (Benjamin) Ledyard, son Justin (Stephanie), grandchildren Benjamin, Caleb, Ethan, Maximus, Anna and Madeline: his siblings Del, Chuck, Terry, and Sharon: and many loving nieces and nephews. He was preceded in death by his parents, Victoria and Robert, brother Daniel, nephew Danny, and brother-in-law, John Madison.

Dave Wadle was 1 of 6 children. He attended Dowling High School and both Drake and Creighton Universities obtaining the Pharmacy doctorate degree at the latter. Dave married Patricia in Des Moines. He served as an altar server for 20 years and Master of Ceremony at St. Anthony's parish where he and Pat were members for most of their married life. He was ordained a Deacon in the Catholic Church on

August 12, 2010. He was a student of theology and philosophy until his final days and had a great desire to share his knowledge with others. He felt that a major part of his mission, in addition to traditional medical care, was provision of spiritual meaning and comfort to those he cared for.

Dave earned his medical degree at Des Moines University, and subsequently specialized in Anesthesiology and in Pain Medicine at the Mayo Clinic in Rochester Minnesota. Dave was offered a staff position there, but declined the offer, deciding to head back with Patricia to begin his practice in Des Moines. Dave was a member of Medical Center Anesthesiologists, P.C., for almost 25 years and of Pain Specialists of lowa. He was an involved and devoted member of the group and had significant capabilities as a leader, becoming President and guiding it successfully.

continued from page 11

Dave had a strong interest in chronic pain management and served as a co-director of the Mercy Hospital Center for Pain Medicine facilitating the development and subsequent growth of this Center. He continued to work in the Pain Center during the majority of his illness, providing care in an exemplary manner.

Deacon Mike Riley, director of the diocesan permanent diaconate program said, "David was a true example of a person living Christ like. He accepted his illness without complaining and fought it with everything he had."

Dave will be remembered by all as a caring and capable physician, a skilled anesthesiologist and pain medicine specialist. Physicians valued him for his camaraderie, expertise and for his affable demeanor. His patients loved him and shared their stories of how he was a special physician and person. He touched their lives both within and beyond the medical arena.

David Wadle entered into eternal life on July 18, 2012.

By: Dana Simon, M.D.



### DOCTORS IN THE NEWS



Congratulations to **Bruce Hughes, M.D.,** who was featured in **The Des Moines Register** February 13, 2013 for helping promote the MS Society's auction, A Taste of Generosity. Dr. Hughes is the director of the Ruan Multiple Sclerosis Center at Mercy Medical Center.



Congratulations to **Linda Railsback**, **M.D.**, who was featured in **The Des Moines Register** February 17, 2013 for her leadership in dramatically improved care for assault victims.



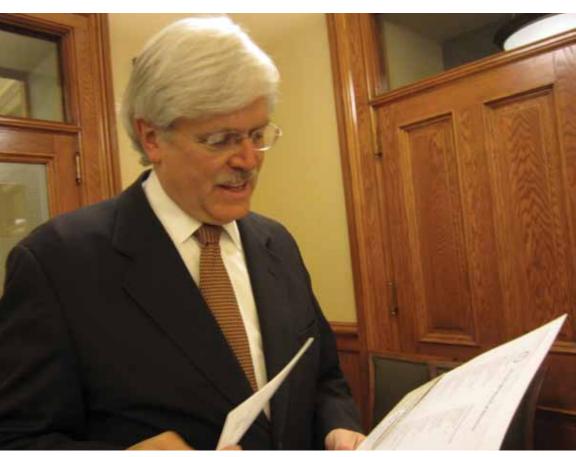
Congratulations to **David Saggau, M.D.,** who was featured in **The Des Moines Register** February 13, 2013 for treating a patient for nearly 10 years who was diagnosed with a severe case of pars planitis, an uncommon retinal inflammation caused by an autoimmune disease.



Congratulations to **John R. Trible, M.D.,** who was featured in **The Des Moines Register** January 23, 2013 as an ophthalmologist specializing in glaucoma, a condition that can cause considerable damage before patients realize their vision is affected.



# LEGISLATIVE BREAKFAST AT THE CAPITOL



Senator Jack Hatch reviewing PCMS 2013 Legislative Priorities

The Polk County Medical Society met with over 60 Iowa Legislators on Wednesday, January 23rd at the Iowa Capitol. On behalf of physicians and their patients, members of the Polk County Medical Society advocated with the leadership and members of the legislature on PCMS 2013 legislative priorities.

### LEGISLATIVE BREAKFAST



L-R: Donny Suh, M.D. and Senator Amanda Ragan



L-R: Christina Taylor, M.D. and Senator Joe Seng



L-R: Representative Frank Wood and Steve Eckstat, D.O.



L-R: Rob Lee, M.D. and Representative Kevin Koester



L-R: Representative Rob Taylor and Ravinder Agarwal, M.D.



L-R: PCMS Director Kathie Lyman, Representative Pat Grassley, and Philip Colletier, M.D.

# ANNUAL MEETING

# 2013 Officers Elected



L-R: Richard Sidwell M.D., Lisa Sidwell, and Representative Tom Latham

The Polk County Medical Society held their Annual Meeting on Wednesday, January 30th at the Des Moines Golf and Country Club. The 2013 PCMS officers were elected and installed.

Over 150 PCMS members, hospital administrators and guests were present to

hear Congressman Tom Latham discuss the dynamics of the 113th Congress. Senator Jack Hatch updated the members on healthcare bills at the lowa Legislature. The 4th recipients of the Kathie J. Lyman Scholarship were presented with their scholarship awards.

### ANNUAL MEETING



Representative Tom Latham and James Patten M.D.



L-R: Michelle Mahoney and Craig Mahoney, M.D.



L-R: Jeff Chungath, CEO at Telligen and Angela Walker Franklin, Ph. D, President Des Moines University



L-R: Richard Deming, M.D. and John Forsyth, Wellmark Chairman and C.E.O.



L-R: Callie Derflinger and Dustin Derflinger, D.O.

### ANNUAL MEETING

continued from page 17



L-R: Joe Peterson, D.O. and Tara Peterson

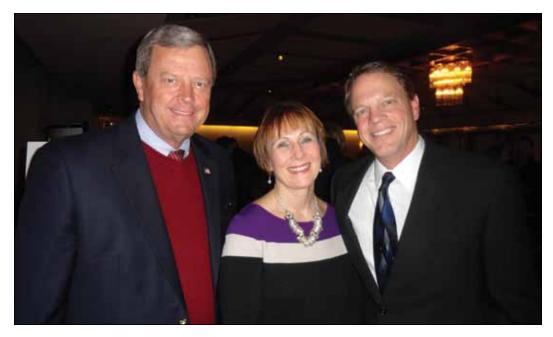


L-R: James Willie, M.D. and Jacqueline Stoken, D.O.



Head Table L-R: Connie Colletier, Senator Jack Hatch, and Philip Colletier, D.O.

### ANNUAL MEETING



L-R: Representative Tom Latham, Julie Nelson, and PCMS President Lynn Nelson, M.D.



L-R: Bruce Reese, Kelly Reed, D.O., Dr. Jay Bilgi, B. Chandramouli, M.D., Ravindar Agarwal, M.D., and Mrs. Agarwal

# LEGISLATIVE BREAKFAST

continued from page 15



L-R: Representative Chuck Isenhart and Craig Mahoney, M.D.



L-R: Jennifer Groos, M.D. and Representative John Forbes



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### NEW MEMBERS



**Abosaida, Aladdin, M.D.** Education: University of AL FATEH Specialty: Pediatric Pulmonology

Dr. Abosaida currently practices at Blank Children's Hospital, 1200 Pleasant St., Des Moines, IA



Ackerson, Larissa, D.O.
Education: Des Moines University
Posidonosy: La Crosso Mayo Family

Residency: La Crosse- Mayo Family Medicine

Specialty: Family Practice

Dr. Ackerson currently practices at Mercy Indianola Family Medicine & Urgent Care, 307 East Scenic Valley Avenue, Indianola, IA



Bauman, Kim, M.D.

Education: University of Nebraska Medical Center, Omaha, NE

Residency: Lincoln Family Medicine Prog-Family Medicine, Lincoln, NE

Specialty: Family Practice

Dr. Bauman currently practices at Mercy Urbandale Aurora Medical Clinic, 6200 Aurora Avenue, Urbandale, IA



Beecher, Benjamin, M.D.

Education: Carver COM at University of Iowa, Iowa City, Iowa

Residency: University Hospitals Case Med Center - Orthopaedics, Cleveland, OH

Specialty: Orthopaedics

Dr. Beecher currently practices at Iowa Orthopedic Center, 450 Laurel St., Ste. A, Des Moines. IA



Christie, Carl, D.O.

Education: New York College of Osteopathic Medicine, Old Westbury, NY

Residency: Wyckoff Heights Medical Center - OB/GYN, Brooklyn, NY

Specialty: Obstetrics & Gynecology

Dr. Christie currently practices at Mercy Cancer Center Gynecological Oncology, 411 Laurel St. Ste. 3300. Des Moines. IA



Dureggar, Rene, M.D.

Specialty: Psychiatry

Dr. Dureggar currently practices at Blank Children's Hospital, 700 East University Avenue, West Des Moines, IA



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continued from page 23



Edwards, Thomas, D.O. Education: Saint Louis University School of Medicine Specialty: Family Practice

Dr. Edwards currently practices at Mercy East Family Practice & Urgent Care, 5900 E. University Ave., Pleasant Hill, IA



Goble, Brandon, D.O. Specialty: Family Practice

Dr. Goble currently practices at Mercy North Family Practice & Urgent Care, 800 E. First St., Ste. 1700, Ankeny, IA



Guta, Stephen, M.D.

Specialty: Pediatrics

Dr. Guta currently practices at Blank Children's Hospital, 1200 Pleasant St., Des Moines, IA



Henderson, Stephanie L., M.D.

Education: University of Iowa Carver College of Medicine, Iowa City, IA Residency: University of Iowa Hospitals - Internal Medicine, Iowa City, IA Specialty: Internal Medicine

Dr. Henderson currently practices at Iowa Clinic Internal Medicine, 1215 Pleasant Street, Suite 206, Des Moines, IA



Hillebrand, Donald, M.D.

Education: University Of Iowa College Of Medicine

Specialty: Gastroenterology

Dr. Hillebrand currently practices at Center for Liver Disease, 1215 Pleasant St. Ste. 506, Des Moines, IA

### continued from page 25



Jensen, Duane, M.D.

Education: University of Nebraska, Omaha, NE Residency: UNMC/Creighton-Pediatrics, Omaha, NE

Specialty: Pediatric Emergency Medicine

Dr. Jensen currently practices at Blank Children's Hospital, 1200 Pleasant St., Des Moines, IA 50309



Kopp, Jason, D.O.

Education: Des Moines University, Des Moines, IA

Residency: Broadlawns Medical Center-Family Medicine, Des Moines, IA

Specialty: Family Medicine

Dr. Kopp currently practices at Mercy Prairie Trail Family Medicine, 2605 SW White Birch Drive, Ankeny, IA



### Lorenz, Jessica D., M.D.

Education: University of Iowa Carver College of Medicine, Iowa City, IA Residency: Mayo Graduate School of Med - Anesthesiology, Rochester, MN

Specialty: Anesthesiology

Dr. Lorenz currently practices at Medical Center Anesthesiologists, 411 Laurel St., Ste. 3170, Des Moines, IA



Milani, Stacey, M.D.

Education: University of Iowa, Iowa City, IA

Residency: University of Iowa Pediatrics, Iowa City, IA

Specialty: Pediatrics

Dr. Milani currently practices at Mercy East Pediatric Clinic, 5900 E University Avenue, Suite 300, Pleasant Hill, IA



Moberg, Amy, M.D.

Education: University of Iowa, Iowa City, IA

Residency: University of Iowa Pediatrics, Iowa City, IA

Specialty: Pediatrics

Dr. Moberg currently practices at Blank Children's Hospital, 1200 Pleasant Street, Des Moines, IA

# MARCH BIRTHDAYS

1	11	21
1 Pohort I Carnor M.D.	11 Daniel A Hannlewhite D.O.	21 William Z. Maxson M.D.
Robert J. Casper M.D. Kirk K. Peterson M.D.	Daniel A. Hepplewhite D.O.	WIIIIaiii Z. Waxson W.D.
	13	22
Carole R. Rodemyer M.D.	13	22 John Kuhnlein D.O.
2	Alan L. Braun M.D. Liberato A. Iannone M.D.	John Kunniein D.O.
2		24
Jonathan L. Fudge M.D.	Scott A. Meyer M.D.	24
4	Jeffrey D. Stahl M.D.	Katrina A. Guest M.D.
4	14	Dennis Lonzarich M.D.
Susan M. Kennedy D.O.	14	25
_	Marion E. Alberts M.D.	25
5	Lori L. Miller D.O.	David E. Drake D.O.
Carla R. Cloos M.D.		Lynn K. Struck M.D.
Jennifer L. Fejfar D.O.	15	
Michael J. Page M.D.	Robert D. Conner, Jr. D.O.	26
Norman K. Rinderknecht M.D.	Mark Kellerman M.D.	Rene Duregger M.D.
	Jason C. Walker M.D.	
6	John H. Zittergruen D.O.	27
Philip A. Bear D.O.		Michael W. Kent M.D.
Patricia A. Fasbender D.O.	17	Kathleen M. Massop M.D.
Jeffrey J. Lenz M.D.	David D. Saggau M.D.	
Thomas S. Woodard D.O.		28
	18	Shakuntala V. Advani M.D.
8	Ailey Brehmer D.O.	Vaun Dejong D.O.
Alan D. Heberer D.O.	George B. Clavenna D.O.	
Steven R. Herwig D.O.	Sherif O. El-Mahdy M.D.	29
	Jo Ellen Heims D.O.	James R. Swegle M.D.
9	Sarah Olsasky D.O.	Marnix A. Verhofste M.D.
Karen L. Drake M.D.	Amy Shriver M.D.	
		30
10	19	Dapka N. Baccam M.D.
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Melissa A. Ehm Pote D.O.	Kristin L. Harts M.D.	Lisa A. Klock D.O.
Julia C. Goodin M.D.		Lazaro Rabang M.D.
Marshall C. Greiman M.D.	20	
Cory B. Pittman M.D.	Jeffrey L. Bebensee M.D.	31
		Catherine C. Truesdell D.O.

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Neil R. Horning M.D.	Anna G. Sagebiel D.O.	Richard H. Marcus M.D.
2	17	26
Kendall Reed D.O.	Michael W. Agey D.O.	Karen Kienker M.D.
Angela E. Sandre D.O.	Samir Y. Alabsi M.D.	Marla Onishi M.D.
	Tamra Richardson-Colby D.O.	David A. Vittetoe M.D.
3		
Richard D. Wells M.D.	18	27
	Thomas E. Becker M.D.	Steven J. Bailin M.D.
4		John C. Jabour M.D.
Konstantinos P. Lekkas M.D.	19	S. Rani Makkapati D.O.
	Lynn M. Nelson M.D.	James G. Piros M.D.
5	Sara L. Schutte D.O.	John G. Sweetman M.D.
Jose R. Borromeo M.D.		
Tracy L. Ekhardt M.D.	20	28
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# **AMA**

# ADVOCACY MEETING



PCMS Member Jeff Maire, D.O. (IMS board member), and PCMS President Phil Colletier, M.D. at US Capitol

Polk County Medical Society President, Phil Colletier, M.D., Rob Lee, M.D., (IMS President), Jeff Maire, D.O., and Kathie Lyman, Executive Director attended the AMA Annual Advocacy meeting in Washington, D.C., in February. The

PCMS delegation, the IMS delegation, and the Scott County delegation met jointly with the Iowa Congressional Delegation on Capitol Hill.

### AMA ADVOCACY

continued from page 29

The lowa delegation met with Senator Charles Grassley and Senator Tom Harkin to advocate for a permanent SGR fix for doctors, and to discuss other important bills and health care laws that affect the practice of medicine and patients in Iowa.



Senator Charles Grassley



Senator Tom Harkin



Meeting with Representative Bruce Braley were L-R: Phil Colletier, M.D., Candyce Ackland, M.D., Scott County President, Representative Braley, Rob Lee, M.D., and Jeff Maire, D.O.



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