

Bulletin

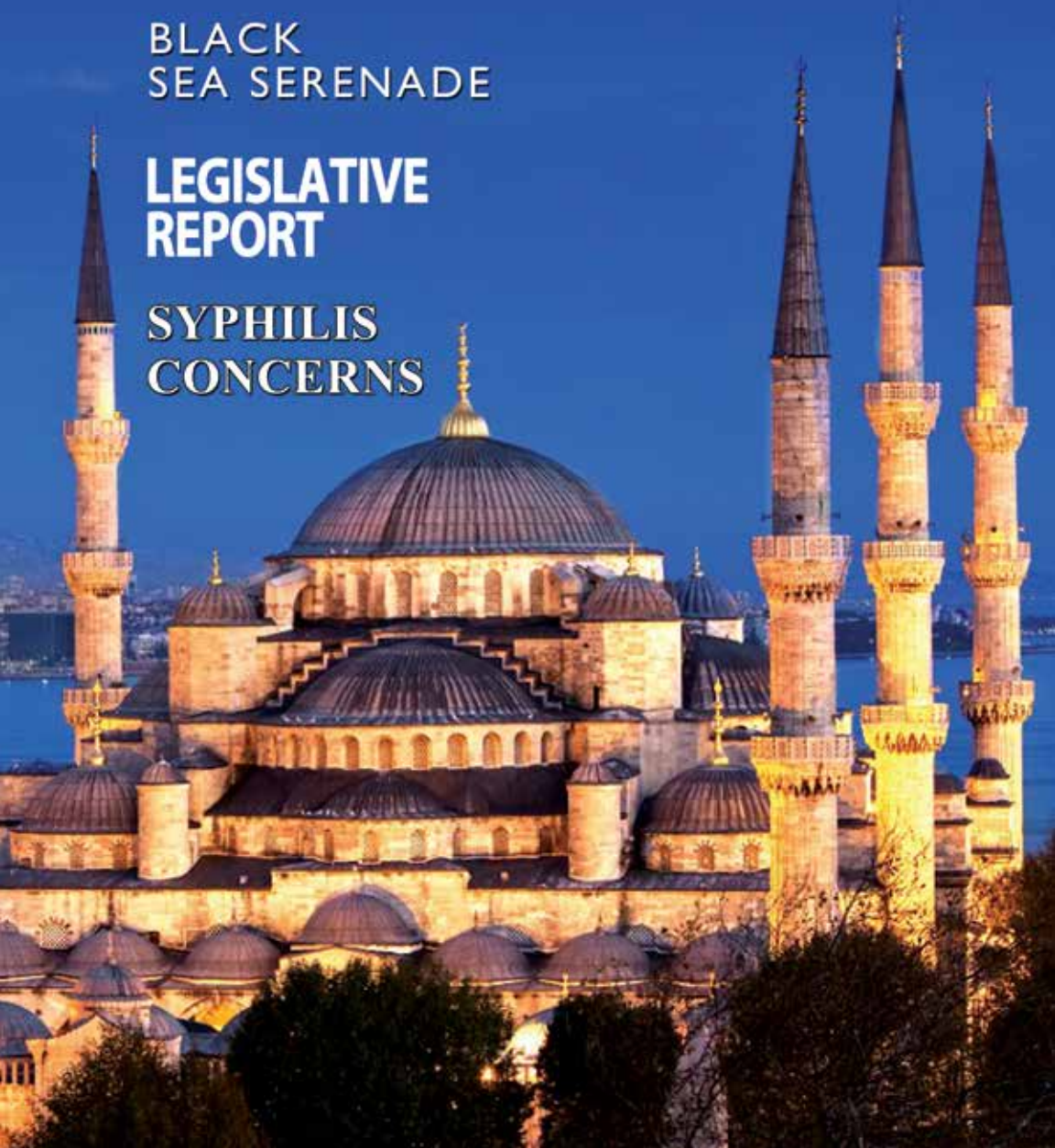
JAN/FEB 2014

MEMBER MAGAZINE FOR THE POLK COUNTY MEDICAL SOCIETY

BLACK
SEA SERENADE

LEGISLATIVE
REPORT

SYPHILIS
CONCERNS



Looking for an exciting career opportunity?

Des Moines University has been educating tomorrow's physicians and health care professionals since 1898. We are currently looking for talented individuals to join us in our mission to improve lives in our global community by educating diverse groups of highly competent and compassionate health professionals.

CURRENT OPPORTUNITIES

- › **Associate Dean, Clinical Affairs**
- › **Clinical Faculty, Family Medicine**
- › **Faculty, Microbiology**
- › **Faculty, Biochemistry and Nutrition**
- › **Faculty, Ob/GYN**
- › **Faculty, Physiology and Pharmacology**
- › **Faculty, Surgery**



Interested?

**Job descriptions,
benefit summaries
and application
information available
at [www.dmu.edu/
employment](http://www.dmu.edu/employment)**

DES MOINES  UNIVERSITY

3200 Grand Avenue, Des Moines, IA 50312 • www.dmu.edu • 515-271-1484

Des Moines University is an equal opportunity/affirmative action employer. The University seeks excellence through diversity among its administrators, faculty, employees and students. The University prohibits discrimination on the basis of race, color, national origin, creed, religion, age, disability, sex, gender identity, sexual orientation, veteran status, genetic information or any other legally protected status. Applications by members of all underrepresented groups are encouraged.

Official Publication
of the Polk County
Medical Society

VOLUME 86 No. 1

Des Moines, Iowa
January/February 2014

2014
EXECUTIVE COUNCIL

OFFICERS

Philip J. Colletier, M.D.
President
Donny W. Suh, M.D.
President-Elect
Dennis M. Fry, M.D.
Secretary-Treasurer

COUNCILORS

Donald L. Burrows, M.D.
Tracey Ekhardt, M.D.
Joel A. From, M.D.
Janie C. Hendricks, D.O.
Marty Hove, M.D.
Cynthia Juhler, D.O.
Nancy J. Kane, M.D.
Larry Severidt, M.D.
Debra L. Welker, M.D.

PAST PRESIDENT

Lynn M. Nelson, M.D.

EDITORIAL BOARD EDITOR

Stephen R. Eckstat, D.O.

MANAGING EDITOR

Kathie J. Lyman

JAN/FEB 2014
Bulletin

MEMBER MAGAZINE FOR THE POLK COUNTY MEDICAL SOCIETY

Inside This Issue

Feature Articles

Legislative Breakfast 2014	4
Candidates for PCMS Office	5
Legislative Report	11
In Memory - Dr. Loren F. Parker, M.D. <i>By: Larry Severidt, M.D.</i>	14
A Black Sea Serenade <i>By Richard Gloor, M.D.</i>	16
White Christmas, PCMS Event	20
Iowa Has Highest Number of Early Syphilis Cases in 40 Years <i>By, Carlos Alarcon, M.D.</i>	22

Monthly Articles

President's Message	6
Executive Director's Message	9
Doctors in the News	15
March Birthdays	26
April Birthdays	27

Cover Photo: Blue Mosque, Istanbul, Turkey visited by Dr. Richard Gloor on his PCMS Black Sea Serenade vacation.

Articles and editorial inquiries should be directed to:

Editor, PCMS Bulletin
1520 High Street
Des Moines, IA 50309

515-288-0172
<http://www.pcms.org>
e-mail: kjlyman@pcms.org

Disclaimer: The author's views do not necessarily reflect the official policies of the Polk County Medical Society. Products and services advertised in the Bulletin are neither endorsed nor guaranteed by the Polk County Medical Society.

LEGISLATIVE BREAKFAST At the Iowa State Capitol



L-R: PCMS President Philip Colletier, M.D. discusses the PCMS opposition of the Breast Density bill with Senator Brad Zahn, while Nancy Kane, M.D. talks with Representative John Forbes.

The Polk County Medical Society met with over 60 Iowa Legislators on Tuesday, January 28th at the Iowa State Capitol. On behalf of physicians and their patients, members of the

Polk County Medical Society advocated with the Iowa Legislators and their leadership on PCMS 2014 legislative priorities.

continued on page 29

In accordance with the Bylaws of the Polk County Medical Society, the **Nominating Committee** presents the following slate of officers for 2014:



PRESIDENT - Donny Suh, M.D.

Donny Suh, M.D. specializes in Ophthalmology at Wolfe Eye Clinic, P.C., 6200 Westown Pkwy., West Des Moines. He has been a member since 2000 and a Councilor since 2009.



PRESIDENT-ELECT – Joel From, M.D.

Joel From, M.D. specializes in Cardiovascular Disease at Iowa Heart Center, 411 Laurel St. Ste. A250, Des Moines. He has been a member since 2004 and a Councilor since 2012.



SECRETARY-TREASURER – Larry Severidt, M.D.

Larry Severidt, M.D. specializes in family practice and is the Director of Medical Education Family Residency Program at Broadlawns Medical Center, 1801 Hickman Road, Des Moines. He has been a member since 2005 and a Councilor since 2012.



COUNCILOR – Jeff Dietzenbach, M.D.

Jeff Dietzenbach, M.D. specializes in General Surgery at Iowa Clinic-Surgery, 1212 Pleasant St., Ste. 211, Des Moines. He has been a member and a councilor since 2014.



COUNCILOR – J.D. Polk, D.O.

J.D. Polk, D.O., is the Dean of the College of Osteopathic Medicine, at Des Moines University, 3200 Grand Avenue, Des Moines. He has been a member since 2014.

Never Relinquish Your Role as Patient Advocate



Philip J. Colletier, M.D.

Polk County physicians have always been singularly dedicated to achieving the best medical outcomes through unsurpassed skill, expertise and compassion. Unfortunately, how we practice medicine has changed in ways we could not have foreseen. State and Federal government and insurance companies have increasingly attempted to impact our ability to manage our practices and our patients. These interventions purport to improve outcomes; achieve a better quality of life for our patients and create cost efficiencies. As a consequence, increased paper work / computer work as well as time and energy have been required. Clearly, this is time that could be used more effectively in serving our patients. The outcomes government and insurance companies' desire has yet to convincingly materialize. At times, we feel looked at as adversaries rather than as trusted partners who can help patients achieve superior health in the most cost efficient manner.

These new drivers of health care have not emerged overnight. Their strategic intervention and ongoing public relations campaigns have often positioned them as the arbitrators of good health. Yet despite their ongoing well-financed messaging patients recognize that their physician is a trusted advisor for health decisions. As a result, physicians have become more than health care providers; they are the patient's primary voice when insurers and government health care organizations (Medicare/Medicaid) offer conflicting recommendations. Physicians do not want to be adversaries. Physicians want to be trusted partners who engage in a meaningful dialogue with insurers and the government.

I remember clearly a lesson I learned in 1989 the day I started internship in San Francisco. The commander of our hospital, a physician and an Army general, explained to our intern class simply "never give up your role as patient advocate ... and if you do, I'll fire you." These are words that have resonated with me to this date, and are in large part why I am proud of the work we accomplish with the Polk County Medical Society. **We at the PCMS have NEVER given up our**

role as advocate for you, the Polk County Physician, and by extension, have never relinquished our role as patient advocate.

We become a trusted partner when we effectively explain our positions by engaging in ongoing, civil public dialogue. We achieve this goal via many avenues in the Polk County Medical Society. PCMS interfaces with consumers to provide referrals, education and free specialty care. PCMS performs the tasks that you and your staff don't have the time to perform and does the work with efficiency and effectiveness. Polk County Medical is dedicated to each physician's needs and creates opportunities through public relations, legislation and education. Through Polk County Medical Society's staff, board, and lobbyists, issues are addressed in a highly effective and collaborative fashion. Polk County Medical Society is your personal

staff dedicated to telling your story and ensuring your issues are fairly represented.

We need to have all Polk County physicians join with us to ensure we accomplish the objectives that are so critical to the ongoing autonomy and success of each physician and their practice. **Dues are critical to fund both our legislative and community outreach; and an extremely cost effective investment that provides a powerful singular voice for physician advocacy.** Ensure your leadership and goals are represented through your support of Polk County Medical Society. I strongly encourage you to send your dues today. If you would consider sharing our passion with your colleagues, we would be most appreciative.



PHYSICIAN EDUCATION SERIES

presented by Foster Group



Giving in 2014

Ross Polking — Physicians are very philanthropic, and one of the first things many reach for is their wallet. You can achieve your charitable goals in a way that allows your money to go further by instead giving appreciated securities you've held longer than twelve months.

A simple example: you purchased stock a few years back for \$10 a share. Now it's worth \$30 a share. If you give these shares to charity, you can deduct their full market value on your tax return and neither you nor the charity pay capital gains taxes.

When you give appreciated securities, you can re-purchase the same securities immediately. By so doing, you'll maintain your position in the market and establish a higher cost basis than the gifted securities had, potentially resulting in lower taxable gains in the future.

The IRS deduction limit for charitable cash gifts is 50% of Adjusted Gross Income (AGI); gifts of appreciated securities are deductible up to 30% of AGI. If your AGI was \$500,000, you could give \$250,000 in cash or, instead, \$150,000 in appreciated securities and the remainder in cash, to receive the full deduction in one tax year. If you give appreciated securities exceeding 30% of AGI, the excess can be claimed the

following year or carried over for up to five years.

It's not difficult to gift appreciated securities. Ownership must be transferred directly to the charity. Charities often have brokerage accounts established to receive transfers from other financial institutions. Another option is gifting through a Donor-Advised Fund (DAF), a giving tool that offers ease of administration and the ability to direct gifts to more than one charity. By transferring shares from your investment account to a DAF, your subsequent gifts to charities are then tax-free. DAFs are available through many supporting entities.

Giving appreciated securities is a simple way to meet your charitable goals with tax advantages that benefit both you and the recipient. If you're looking to maximize your charitable giving, donating appreciated securities is a real "win-win" for you and the charities you care about the most.

www.fostergroup.com • 800.798.1012

The information and material provided in this article is for informational purposes and is intended to be educational in nature. We recommend that individuals consult with a professional advisor familiar with their particular situation for advice concerning specific investment, accounting, tax, and legal matters before taking any action.



IN THE MIDST OF CHAOS PCMS STEADFAST REPRESENTING YOU!



Kathie J. Lyman

Medicine as you know it is changing again. But, the medical profession isn't new to changes in the law that affects the practice of

medicine. The Medicare law was passed in 1965 with Medicaid a year later. I'm certain today doctors are facing the same dilemmas with the ACA their predecessors faced when implementing the Medicare and Medicaid laws. Back then doctors couldn't predict the successes or failures of that law either. Fast forward to today, and again there are shifts in power in the industry with the roll out of the ACA law. Will the health care delivery be better years from now? No one can predict.

In the midst of chaos, the marketplace has major changes to the structure of providing health care. Hospitals and doctors are aligning together, health systems are driving market change, and independent physicians are in jeopardy. My colleagues across the country, just like in Central Iowa, are experiencing the major shift in ownership, partnership, and practice of medicine with health systems in multiple states. PCMS

members have contacted us with varying opinions on every side of the law, some: for it, against it, or a wait and see attitude. Consumers are calling us daily confused, asking, "what plan should I chose", and "why isn't their doctor on their new plan". The bottom line is no one is happy right now and no one has the answers.

In these changing times, doctors must stand unified in the practice of medicine. The voice of medicine must be heard loud and clear on issues that affect how and what is allowed in delivering care to their patients. Doctors must have a greater role in piloting health care. The **Polk County Medical Society stands steadfast as your advocate. We only represent doctors and their practices. Together the PCMS works with physician members to achieve quality medicine through advocacy, communication, and education.**

On your behalf, PCMS along with our county medical society colleagues from across the country **meet with our Congressional Delegation, who knows us personally. We advocate** on national bills that would

continued on page 10

continued from page 9

change how you provide medical care and financial reimbursement. **(All politics is local). The congressmen want to hear from the PCMS. Your voice is heard to assure that laws protect the autonomy of the physician, and the integrity of the practice of medicine.**

Now more than ever doctors need to continue to belong to their local medical society who represents ONLY their interest. As doctors form new partnerships they must be able to count on their own profession to represent their interest. The PCMS board, legislative committee, staff, and lobbyists, on your behalf, advocate daily at the state level. We focus on assuring

patient safety, and protecting the practice of medicine, as laws are changed and new laws are passed.

The time is now, the day is today, please pay your 2014 dues. Only through physician leadership in organized medicine will doctors be able to achieve success through these changes. The PCMS is the largest organization of doctors in Central Iowa who are solely dedicated to doctors of all specialties and their patients. **Together through your PCMS membership, you are the doctors leading health care in our community, while building strong physician-patient relationships.**

Pediatric Practice For Sale

A 17+ years pediatric practice with revenues of approximately \$500,000 annually for sale in Johnston, Iowa.

Electronic records with Intergy software system, and a fully furnished, leased office space available.

Please call Betsy at 515-288-3279 for contact information.



broadlawns
MEDICAL CENTER

Together a healthy community.

1801 Hickman Road, Des Moines, IA
515.282.2331 | www.broadlawns.org

The Polk County Medical Society Legislative Report



John Cacciatore



Mary Earnhardt

The **Iowa Legislature convened on January 13, 2014**. The Republicans control the Iowa House, 53 - 47. The Democrats control the Iowa Senate, 26 - 24. Adjournment is scheduled for April 22nd.

On January 14, **Governor Branstad gave his Condition of the State address**. The Governor said his priorities are to move Iowa's economy forward; support Iowa's veterans and attract veterans to Iowa; strengthen job training and apprentice programs; support strong and healthy families; feed the world while promoting conservation; enhancing the future through transportation; promoting policies that make Iowans more safe and secure; support initiatives for older Iowans; and remain committed to open and transparent government. Additionally, Governor Branstad continues to support efforts to reform medical malpractice including Certificate of Merit and a cap on non-economic damages.

PCMS has the following priorities for the 2014 legislative session:

SUPPORT:

- Maintain Volunteer Physician Network (VPN) funding;
- Support Medical Malpractice Reform;
- Support prior authorization of prescription drug benefits;
- Support 'Truth in Advertising' for health care practitioners;
- Support Interstate Compact to share drug utilization and abuse information;
- Support radon testing and mitigation;
- Support restrictions on underage indoor tanning.

OPPOSE:

- Oppose expansion of allied professionals scope of practice when physicians have patient safety concerns;
- Oppose 'dense breast' legislation that explicitly requires specific written notice by the physician to the patient;
- Oppose the Board of Nursing bill for exclusive authority on nursing scope of practice.

continued on page 12

continued from page 11

The **Volunteer Physician Network** administered by PCMS receives funding for our specialty referral program. The VPN obtains for patients free specialty care by PCMS members through the state sponsored Iowa Collaborative Safety Net Provider Program. PCMS secured a funding increase in 2013 in collaboration with the Iowa Safety Net Providers. In 2014, PCMS is working with Iowa Safety Net Providers, the Governor and the Legislature to maintain the funding and sustain the ability to meet the demands and cost of the program. The Governor's budget proposes to maintain funding for the Volunteer Physician network.

The **Board of Nursing** has introduced legislation that would provide it with exclusive authority to determine nurses' scope of practice – SSB 3009. The proposal strikes language that has been in place for over 30 years, which has served to maintain a balance between what is the practice of medicine and nursing. This proposal is a threat to patient safety as the Board of Nursing would have unfettered discretion to determine nurse scope of practice. PCMS opposes the bill and is working with other physician organizations to modify the legislation so there continues to be collaboration between medicine and nursing to determine scope of practice safely for patients.

Other bills of interest to PCMS:

SSB 3007 – **Allows the Board of Pharmacy** to enter into database sharing agreement(s) with bordering states or Kansas. **PCMS supports this legislation.**

SF 2002 and HF 2039 – Dense breast legislation - If a patient has dense breast tissue, as determined by the interpreting physician based on nationally recognized guidelines or systems for breast imaging reporting, the

written statement must contain a notice with the language provided in the bill. The notice informs the patient that the mammogram demonstrates the patient may have dense breast tissue and directs the patient to contact the physician with further questions or concerns. **PCMS is opposed to this legislation.**

HF 2030 – Regulation of tanning facilities prohibiting a tanning facility from allowing individuals under 18 years of age to use a tanning device. This legislation is aligned with a PCMS priority.

HSB 577 – **Licensure of naturopaths** – PCMS has opposed this in the past and continues to oppose it along with a number of other physician organizations.

HF 2086 – **Midwives licensure bill** – PCMS has opposed along with other physician organizations in the past.

SSB 3042 and HSB 526 – **Provides more information to be shared over the Health Information network**, like payment and health care operations.

SSB3043 – **Allows an ARNP or Physician Assistant to provide an out of hospital do not resuscitate order**, to withhold life-sustaining procedures in accordance with the Code chapter, to consult and be party to a written agreement for withholding life-sustaining procedures pursuant to the Code chapter, and to determine that a patient has a terminal condition.

SSB 3053 – **Allows a Physician Assistant (PA) to make a determination – and not need approval from the PA's supervising physician** - if a mentally impaired person under arrest is a

continued on page 19

Polk County Medical Society

Kathie J. Lyman Scholarship

Golf Invitational
for Iowa Medical
Students

4th ANNUAL
INVITATIONAL

**SAVE
THE DATE**



September 18, 2014

In Memory of

Loren F. Parker, M.D.

1920 - 2013

By: Larry Severidt, M.D.



Dr. Loren F. Parker died on November 7, 2013 in Des Moines from complications due to cancer.

Dr. Parker was a leader in Family Medicine education in the State of Iowa. After doing rural practice for a number of years in Iowa Falls Dr. Parker moved to Des Moines where he created the Family Medicine Residency program at Broadlawns Medical Center. This program was one of the first 3 year accredited Family Medicine programs in the Midwest. Under Dr. Parker's leadership over 150 residents completed the Broadlawns program, and many of these physicians continue to practice in the State of Iowa. Dr. Parker graduated from the University of Iowa College of Medicine in 1945 and completed an Internship at Broadlawns Hospital in 1946. After serving in the military for two years he practiced in Iowa Falls until 1971.

Dr. Parker had a wide range of interest including

travel, golf, tennis and gardening. He was a master gardener and a frequent volunteer at the Botanical Center and the Neal Smith National Wildlife Refuge. Dr. Parker was married to Janet for 67 years. She preceded him in death.

Dr. Parker received regular healthcare services from physicians at Broadlawns. I could count on him to stop in to see me bi-monthly for an update on our program. He was an old school family doctor with a broad skill set who felt that young physicians were in a residency to work and obtain excellent clinical skills.

Loren Parker was a gentleman and an excellent doctor. He was a leader who was instrumental in training numerous Family Practice physicians for the State of Iowa. It was an honor for me to know him in his last years.



Congratulations to **Jennifer Cook, M.D.**, who was featured in **The Des Moines Register** December 27, 2013 for being named a 2013 Iowa Hospital Hero. Dr. Cook is a pediatric endocrinologist who specializes in treating diabetes.



Congratulations to **Cass Franklin, M.D.**, who was featured in **The Des Moines Register** December 5, 2013 for using laparoscopic techniques to harvest the donor kidney at Mercy Medical Center in Des Moines.



Congratulations to **Wael Haidar, M.D., MBA** who has been named Chief Physician Executive (CPE), effective immediately at Mercy Medical Center –Des Moines. Dr. Haidar will provide strategic direction and organization for Mercy's physical network.



Congratulations to **Tommy Ibrahim, M.D., MBA** who has been named Chief Physician Officer (CPO), effective in May 2014 at Mercy Medical Center- Des Moines. Dr. Ibrahim will be responsible for all clinical quality initiatives.



Congratulations to **James Kimball, M.D.**, for providing flight physicals and free plane rides to dozens of local children "Young Eagles" with his Experimental Aviation Chapter.

A Black Sea Serenade

By: Richard Gloor, M.D.

The traveler sees what he sees, the tourist sees what he has come to see.

Gilbert K. Chesterton



A view of our ship, the Nautica from our vantage point in Nessebur, Bulgaria

Our Captain said, "Be a traveler not a tourist!" So began a remarkable 17 day exploration of the Black Sea and the nation-states that border

it. We had embarked on an incredible journey across an ancient sea that covers centuries of secrets about unfathomable treachery and human resilience.



A small Cycladic Chapel on Mykonos Island

We came to see with new eyes a part of the world that was not accessible to most Americans while isolated by Soviet rule and decades of Cold War - and while exploring lands from which many American families originate, we learned more about our own.

The Black Sea is a large inland body of salt water located between Europe and Turkey. It connects, through the Bosphorus Strait, to the Mediterranean Sea, and ultimately to the



Romanian National Eastern Orthodox Headquarters

Atlantic Ocean. The six countries bordering the Black Sea are Turkey, Georgia, Russia, Ukraine, Romania, and Bulgaria. Sailing from dusk to dawn, with one day entirely at sea, we disembarked our international boat each morning to explore harbor and inland towns. On land, our expert local guides included a Greek Orthodox Christian, a Turkish Tartar, a Ukrainian Cossack, a devout Muslim, and an Imam's daughter from Istanbul.

Our odyssey began in Athens, Greece. We awakened to the spectacular whitewashed island of Mykonos from which we ferried to Delos, Island of Light and mythical birthplace of the God Apollo. On that magical island, immune to natural disasters, our appreciation for the beauty and culture of Greece was reborn. In Kusadasi, Turkey, one of the most magnificent ancient cities of Asia Minor, we meandered through the ruins of ancient Ephesus and marveled at the famed Library of Celsus, the amphitheater that seated 24,000, and marble roads still imbedded with chariot marks. Later, a scenic drive brought us to the small house in which the Virgin Mary may have spent her last days after the death of Christ.

Accommodating maritime currents we passed through the Dardanelles and entered the Bosphorus Strait which separates Turkey in Europe from Turkey in Asia. Approaching



The Grand Bazaar in Istanbul, Turkey

continued on page 18

continued from page 17

the Golden Horn, we viewed a panorama of ancient forests, modern skyscrapers, and iconic mosques. In Sinop, the most northerly city in Turkey and birthplace of the philosopher Diogenes, we visited the Aladdin Mosque and learned about the rich history of the Ottoman Empire. The next day found us in Trabzon where we climbed to the summit of the Sumela Monastery built by monks in the 6th century. Enveloped by eerie mists and a forested background, this remote edifice truly looks as if were taken from heaven and pasted on the side of a mountain. The day concluded with a visit to the country home of Mustafa Kemal Atatürk, founder of the Turkish Republic, and another superb lecture provided by a professor of Eastern European history and politics on board our ship as it sailed north through the dark turbulent sea along the Russian coast.

We stumbled back into a time of sieges, mass destruction, and incredible bravery when we docked in three Ukrainian towns and the Crimea. In Yalta, we visited the legendary Livadia Palace. Once the summer home of Russian Tzars, this site was brought to the world stage in 1945 when British Prime Minister Winston Churchill, U.S. President Franklin D. Roosevelt and Russian Secretary-General Joseph Stalin met to establish the Yalta Declaration and decided the fate of post-war Europe. It was fitting that gale force winds blew us to the dock in Sevastopol, the former navy base for the Soviet Black Sea Fleet. In a town completely destroyed in WWII by German forces the dark skies created menacing silhouettes of the heroes who gave their lives protecting a city that today still strives to join the European Union. The sun reappeared as we strolled along stunning Primorsky Boulevard in Odessa and stood overlooking the ill-fated

harbor from the peak of the iconic Potemkin Steps.

From the port of Constanta, Romania, we traveled inland across the Danube River to Bucharest, Little Paris of the East. We stood before the Palace of the People, now Parliament, the second largest administrative building in the world after the Pentagon. We were awed by the stunning architecture, grandiose boulevards, and realistic outdoor museum celebrating rural village life and the Transylvanian culture of the past. In the enchanting town of Nessebur, Bulgaria, we ambled through romantic cobblestone streets surrounding the ancient Roman Market, and watched local sidewalk vendors create artwork and local handicrafts against the backdrop of the great sea.

The call of the faithful to prayer from the minarets towering above the mosques of Istanbul provided a fitting end to our Black Sea serenade. We toured the spectacular Hagia Sophia and Blue Mosque, the immense underground cistern that provided drinking water to sultans and citizens, the Grand Bazaar teeming with people, silk and jewels, and Taksim Square, the site of recent political unrest still guarded by armed police bearing shields, and tear gas cannisters on a busy Saturday evening.

We travel to learn life's lessons - to see, hear, and taste things we cannot at home. We learned three most important lessons on this remarkable trip:

1. The Western world benefits immeasurably from ancient Greek sophistication in science, law, economics, language, and philosophy.

That early civilization's commitment to health, sanitation, political negotiation, education, and the arts enriches our lives today.

2.The concept of a melting pot does not belong exclusively to America. In adversity, the countries around the Black Sea found tolerance. We were often reminded that people of all colors, culture and religion are welcome and diversity is a source of civic pride.

3.The human spirit has resilience that defies

treachery and deprivation. The proud people of the Black Sea have endured the ravages of war, siege, and political subjugation. More than twenty years after the demise of communist rule, they remain wary of their leaders and struggle with the uncertainties of democracy. Yet they celebrate life in ways that humble those of us who have never lost our homeland or our voice.

LEGISLATIVE REPORT

continued from page 12

threat to harm themselves or others and notify the nearest magistrate. Current law requires the supervising physician to approve the PA's finding and this bill strikes that requirement.

We will continue to keep the PCMS Board and members apprised of activities during the 2014 legislative session.

Polk County Medical Society Collaborative Advocacy

Support an amendment to HSB 552. For the past year the Polk County Medical Society together with our members, and a state specialty society advocated to amend an Iowa law Senate file 364 for an allied health group that had unintended consequences for physicians. The PCMS at our legislative breakfast this year had the opportunity for our physicians to talk to the legislators so they could understand how the bill would impede the practice of medicine and patient

care. The amendment was passed by the House subcommittee last week to delete the unintended consequence from that bill. Advocacy work continues to pass this amendment.

The Polk County Medical Society advocates on many issues representing physicians and their patients. The PCMS along with our members, and their specialty societies, advocate together to protect the physician's right to practice medicine under the privileges received by their Iowa medical license. In the past few years the PCMS has advocated in partnership with the Radiologist, Anesthesiologist and Orthopedic members to assure that laws are passed that protect the practice of medicine and patient safety.

Irving Berlin's White Christmas



L-R: Mary Ellen and Dr. James Kimball visit with Dr. Tom and Patty Evans at dinner

The Polk County Medical Society holiday event, Irving Berlin's White Christmas play, was held at the Des Moines Performing Arts Friday, December 13th. PCMS members enjoyed the camaraderie and dinner prior to the show. **Thanks to Go Next for their sponsorship of the dinner that evening.**



PCMS President Dr. Philip and Connie Colletier looking forward to the play



Cheryl and Dr. Eden Murad, stopping in to visit with colleagues



L-R: Robert Kollmorgen, M.D. and Marilyn Kollmorgen at the pre-show dinner



Kaaren Olesen, D.O. having fun prior to the play



L-R: Toby and Deb Joseph enjoying the light dinner with Dr. James and Jane Patten

Iowa has Highest Number of Early Syphilis Cases in 40 Years



Carlos Alarcon, MD, Medical Director,
Polk County Health Department

In Iowa, the number of new syphilis cases in 2013 reached a 40-year high according to the

Centers for Disease Control and Prevention (CDC). Syphilis is the only reportable bacterial STD in Iowa for which a greater number of men are affected than women; however, increases in the number of women newly diagnosed with early syphilis were noted in 2013.

Polk County first had a surge of syphilis cases in 2012, primarily among men ages 20 to 55 having sex with men. Although Iowa's other populous counties have since experienced increases in cases, the number of 2013 syphilis cases in Polk County significantly surpassed all other Iowa counties. Notably, new infections in Polk County in 2013 included increases among women, pregnant women and re-infections.

Early syphilis includes the symptomatic stages (primary and secondary syphilis) and early latent syphilis when symptoms disappear but infection was acquired within the preceding year. Many patients do not notice the signs and symptoms of syphilis because painless chancres (primary syphilis) can be hidden in the vagina, rectum, or mouth. Rashes associated with secondary

syphilis may be faint, painless, and often resembles rashes caused by irritants or other diseases. In addition to rashes, secondary syphilis symptoms may include fever, swollen lymph glands, sore throat, patchy hair loss, headaches, weight loss, muscle aches, and fatigue. Latent syphilis is the period after infection when patients are seroreactive but demonstrate no other evidence of disease. Symptoms of syphilis disappear with or without treatment, but without appropriate treatment, the infection progresses to the latent and possibly late stages of disease.

One-third of Iowa's new syphilis diagnoses in 2013 were co-infections with HIV (which is an increase from 15% in 2011). Oral, anal, vaginal, or penile syphilis sores make it easier to transmit and acquire HIV infection. An individual is two to five times more likely to get HIV if exposed when syphilis sores are present.

Because syphilis symptoms can be difficult to pinpoint and patients may not disclose risky sexual behavior, regular serologic screening for syphilis is a necessity for early detection and treatment. Syphilis screening should be conducted annually for sexually active patients. Men having sex with men should be tested every three to six months regardless of symptoms or condom use.

Treatment for primary, secondary or

early latent (less than one year) syphilis is benzathine penicillin G, 2.4 million units IM in a single dose. Treatment for latent (more than one year) syphilis or syphilis of unknown duration is three (3) doses of benzathine penicillin G, 2.4 million units IM given at one week intervals. Selection of the appropriate penicillin preparation is important to properly treat and cure syphilis. Combinations of some penicillin preparations (e.g., Bicillin C-R, a combination of benzathine penicillin and procaine penicillin) are not appropriate treatments for syphilis, as these combinations provide inadequate doses of penicillin.

Please reference the CDC treatment guidelines at (www.cdc.gov/std/treatment/2010) or on the CDC STD Treatment Guide app (www.cdc.gov/mobile/mobileapp.html) for comprehensive information on all STDs including alternative syphilis treatments and treatment in pregnancy, neurosyphilis, congenital syphilis and syphilis in children.

For more information, please contact the Polk County Health Department at (515) 286-3897.



YOUR LIFE, OUR PASSION

Your life inspires us at UnityPoint Health – Des Moines. For all you do, for those you love, we’re continuously advancing the healthcare of our community.

unitypoint.org/desmoines



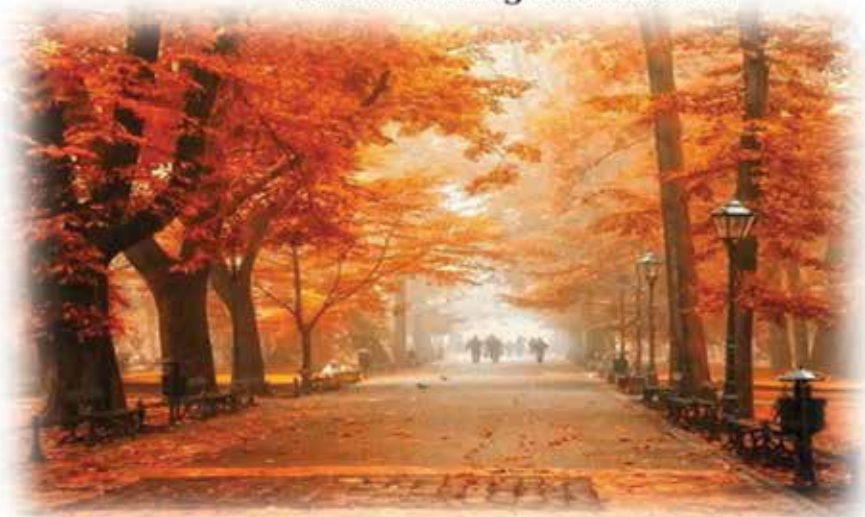
UnityPoint Health
Des Moines

Methodist | Lutheran | Blank Children's
Methodist West | Stoddard Cancer Center
UnityPoint Clinic | UnityPoint at Home



Courtyard Estates

Assisted Living Communities



Your experts in Memory Care!!

Courtyard Estates Assisted Living offers Certified Memory Care in our Garden's Community which is dedicated for your loved ones who have Alzheimer's disease or other dementias!

At Courtyard Estates we have specially trained dementia staff, 24 hours a day, in a secured environment who are dedicated in caring and providing your loved one with assistance for all of their needs. Our Chef develops menus tailored to individual choices which enhances the dining experience. Our Life Enrichment Coordinator develops extensive monthly memory interests programs including individualized interests. We also provide assistance with dressing, bathing, hygiene/grooming and medications. The 24 hour emergency response system, housekeeping and laundry services are all included. We offer scheduled transportation plus so much more!

Courtyard Estates would love to show you what could be your new home!

Stop by today and join us for a meal and a tour or call 515-250-0222 for more information!

www.courtyard-estates.net



Save the Date

*The Polk County Medical Society
Volunteer Physician Network*

*Invite you and your guest to a
Reception*

Thursday, May 15, 2014 6-9pm

Terrace Hill

2300 Grand Avenue Des Moines

Welcome: Honorable Governor

Terry Branstad

*Please be our guests
for cocktails &
hors d oeuvres*

*Please mark your calendar!
Plan to join your colleagues for a fun
evening!*

MARCH BIRTHDAYS

1	11	22
Robert J. Casper M.D. Kirk K. Peterson M.D.	Daniel Hepplewhite D.O.	John Kuhnlein D.O.
2	13	24
Jonathan L. Fudge M.D.	Alan L. Braun M.D. Liberato Iannone M.D. Scott A. Meyer M.D.	Katrina A. Guest M.D.
4	15	25
Susan M. Kennedy D.O.	Robert Conner, Jr. D.O. Mark Kellerman M.D. Jason C. Walker M.D. John H. Zittergruen D.O.	David E. Drake D.O. Lynn K. Struck M.D.
5		26
Carla R. Cloos M.D. Michael J. Page M.D.		Rene Duregger M.D.
6	17	27
Philip A. Bear D.O. Patricia Fasbender D.O. Jeffrey J. Lenz M.D.	David D. Saggau M.D.	Kathleen Massop M.D.
8	18	28
Alan D. Heberer D.O. Steven R. Herwig D.O.	George B. Clavenna D.O. Sherif O. El-Mahdy M.D. Jo Ellen Heims D.O. Sarah Olsasky D.O. Amy Shriver M.D.	Shakuntala Advani M.D. Jason P. Sullivan M.D.
9	19	29
Karen L. Drake M.D.	Clinton L. Harris M.D. Kristin L. Harts M.D.	James R. Swegle M.D. Marnix Verhofste M.D.
10	20	30
Louise M. Convery D.O. Melissa Ehm Pote D.O. Julia C. Goodin M.D. Marshall Greiman M.D. Cory B. Pittman M.D.	Jeffrey Bebensee M.D.	Dapka N. Baccam M.D. Thomas G. Klein D.O. Lisa A. Klock D.O. Lazaro Rabang M.D.

APRIL BIRTHDAYS

1
Steven A. Aviles M.D.
Neil R. Horning M.D.

2
Kendall Reed D.O.
Angela E. Sandre D.O.

4
Konstantinos Lekkas M.D.

5
Jose R. Borromeo M.D.
Tracy L. Ekhardt M.D.
Allen R. Kaufman M.D.

6
Colin Kavanagh D.O.
Emily Merrick D.O.

10
John C. Heffernan M.D.
David Swieskowski M.D.

11
Jerry Lehr D.O.

14
Steven R. Craig M.D.

16
Christopher Nelson D.O.
Anna G. Sagebiel D.O.

17
Michael W. Agey D.O.
Samir Y. Alabsi M.D.
Tamra Richardson-Colby D.O.

18
Thomas E. Becker M.D.

19
Lynn M. Nelson M.D.
Sara L. Schutte D.O.

20
Ari Auron M.D.
Brianne Day D.O.

21
Abul N. Khan M.D.
J.D. Polk D.O.
Robert S. Shires M.D.
Jon G. Van Roekel M.D.

22
Donald L. Burrows M.D.
William Jagiello D.O.

24
Robert Rondinelli M.D.
Michael Versackas M.D.

25
James L. Gallagher M.D.
Richard H. Marcus M.D.

26
Karen Kienker M.D.
David A. Vittetoe M.D.

27
Steven J. Bailin M.D.
John C. Jabour M.D.
S. Rani Makkapati D.O.
James G. Piros M.D.
John G. Sweetman M.D.

28
Randall D. Miller D.O.

30
Harvey A. Giller D.O.
Lester J. Yen M.D.

Peace, love and litigation support.

We protect your peace of mind. And it's why we're the right choice for physicians. Medical liability insurance is just the beginning. We protect what matters most, with proven results. It's a movement, and we'd love to have you join us.

Contact your independent agent or broker, or go to PeaceofMindMovement.com to see what MMIC can do for you.



continued from page 4



L-R: Representative Dave Heaton, Chair of the Joint Health and Human Services Appropriations Subcommittee, talking with Chad Carlson, M.D. on the amendment to the HSB522 (orthotics bill) that has unintended consequences on a physicians ability to practice under the Iowa law.



L-R: Larry Severidt, M.D. and Senator Amanda Ragan discuss health care issues with legislators.



L-R: Donny Suh, M.D. discussing Prior Authorization of Prescription Drug Benefits with Representative Linda Miller, Chair of the House Human Resources Committee.



R-L: Andrew Steffensmeier, M.D. thanks Representative Linda Upmeyer, House Majority Leader for her continued support of the Volunteer Physician Network (VPN) funding.



L-R: Mark Menadue, D.O. listens to Representative Cecil Dolecheck talk about the Interstate Compact/Prescription Drug Abuse bill.



L-R: Jennifer Groos, M.D. reviews the PCMS Legislative Priorities with Representative Dwayne Alons.

Please join the
Polk County Medical Society
for
The Phantom of the Opera



Saturday
September 20, 2014
7:30 p.m.
Des Moines
Performing Arts

**Reserve your great
seats with PCMS
today!**

The Phantom of the Opera, will return to Des Moines as part of a brand new US National Tour. Hailed as "stunning, intense and spectacular" by the Sunday Express, this production features a brilliant new design by Paul Brown, costumes by the much missed Maria Björnson, a new staging by Laurence Connor – director of the recent acclaimed 25th anniversary celebration at the Royal Albert Hall – and new choreography by Scott Ambler.

PCMS Will have a light dinner before the show



.....
Tickets will be sold on a first come, first served basis.
Tickets: \$78.50 per person

Name: _____ **Phone:** _____

Mailing Address: _____

Number of Tickets: _____ x \$78.50 = _____

To order tickets, please complete this form and mail with your check to:
Polk County Medical Society, 1520 High Street, Des Moines, IA 50309
Phone: 515-288-0172 or Fax: 515-288-0173

MEDICAL OFFICE SPACE

Great Location - Lighted Parking



3311 SW 9TH



- Flex/Medical/Office space
- Excellent building signage
- Ample lighted free parking
- Adjacent to MTA routes
- 3,000 SQ FT



anthony@lymancs.com 515-306-6870

Bulletin

Official Publication of the
Polk County Medical Society
1520 High Street
Des Moines, IA 50309

PRESORTED
STANDARD
U.S. POSTAGE
PAID
DES MOINES, IOWA
PERMIT NO 852

