



Bulletin

Mar/Apr 2017

MEMBER MAGAZINE FOR THE POLK COUNTY MEDICAL SOCIETY

PCMS Annual Meeting
MED MAL PASSES

Lead Poisoning

Global Health Missions at Home



Surrounding you with care.

It's your health. So it should be all about you.

That's why at UnityPoint Health – Des Moines, we put you in the center of everything we do. We work as a team, your team, providing coordinated care between your doctor's office, your hospital and in your home. We surround you with care because we want to get you healthy faster. And help you stay that way.

The point of unity is you.

unitypoint.org



UnityPoint Health
Des Moines

*Official Publication
of the Polk County
Medical Society*

VOLUME 89 No. 2

Des Moines, Iowa
March/April 2017

2017
EXECUTIVE COUNCIL

OFFICERS

Matt Rauén, M.D.

President

Kaaren Olesen, D.O.

President-Elect

Nancy Kane, M.D.

Secretary-Treasurer

COUNCILORS

Michael Agey, D.O.

Steven Cahalan, M.D.

Philip J. Colletier, M.D.

Janie C. Hendricks, D.O.

Susan Jacobi, M.D.

Douglas Massop, M.D.

Larry Severidt, M.D.

William Wortman, M.D.

PAST PRESIDENT

Joel From, M.D.

EDITORIAL BOARD EDITOR

Philip J. Colletier, M.D.

MANAGING EDITOR

Kathie J. Lyman

Disclaimer: The author's views do not necessarily reflect the official policies of the Polk County Medical Society. Products and services advertised in the Bulletin are neither endorsed nor guaranteed by the Polk County Medical Society.

Bulletin

Mar/Apr 2017

MEMBER MAGAZINE FOR THE POLK COUNTY MEDICAL SOCIETY

Inside This Issue

Feature Articles

2017/18 New PCMS Executive Council.....4

2017 PCMS Final Legislative Report8
By: John Cacciatore and Lon Anderson

Kathie J. Lyman Scholarship Awards11

IDPH Alert: 2017 Immunization Law Change12

2017 PCMS Annual Meeting.....14

Lead Paint Might Be Banned In the United States,
But Lead Poisoning Is Still Here20
By: Carlos Alarcon, M.D., M.P.H.

Global Services Mission Trips Hits Home.....30
*By: Noreen O'Shea, D.O.; Beatrice Soderholm, OMS II;
Kayla Whitmore OMS-II*

Monthly Articles

President's Message6

June Birthdays.....26

July Birthdays.....27

Docs in the News.....29

Cover Photo: Governor Branstad signs a historic bill on Medical Malpractice for the State of Iowa, witnessed by the Polk County Medical Society Physician Members and staff.

Articles and editorial inquiries should be directed to:

Editor, PCMS Bulletin

1520 High Street

Des Moines, IA 50309

515-288-0172

<http://www.pcms.org>

e-mail: kjlyman@pcms.org

CONGRATULATIONS

— Officers —



Matthew Rauen, M.D.
President
Wolfe Eye Clinic



Kaaren Olesen, D.O.
President-Elect
Women's Care Clinic



Nancy Kane, M.D.
Secretary-Treasurer
Iowa Diabetes &
Endocrinology



Joel From, M.D.
Past-President
Iowa Heart

continued from page 4

CONGRATULATIONS

— Councilors —



Philip J. Colletier, M.D.
Mercy Cancer Center
Radiation Oncology



Susan Jacobi, M.D.
Iowa Arthritis &
Osteoporosis Center



Janie C. Hendricks, D.O.
UnityPoint Clinic-Internal
Medicine



Michael Agey, D.O.
Mercy South Family
Practice & Urgent Care



Douglas Massop, M.D.
Iowa Clinic
Vascular Surgery



Steve Cahalan, M.D.
West Des Moines
Weightloss



William Wortman, M.D.
Iowa Clinic
Internal Medicine



Larry Severidt, M.D.
Broadlawn's Medical
Center



By: Matthew Rauen, M.D.

PAYING

Your Local Medical Society Dues

The practice of medicine has seen many changes over that past several decades. We can do more to treat our patients than ever before. Patients and families can look forward to options that sustain life and improve quality of life. This was brought forth by advances in science and research.

Unfortunately, there is another side of our profession that has also seen change (EMR, regulation, changes in reimbursement and insurance). In some ways, there has been erosion of physician control over the way they practice medicine and operate their businesses. At times, policies are made and physicians find themselves in a position of simply reacting to them.

In this issue of The Bulletin, we highlight a way for physicians to play more of a proactive role in the policies and decision making that impact our profession, our practices, and our patients. We highlight multiple recent successes at the local level. The Polk County Medical Society administrators, lobbyists, and physician members participated in numerous activities to achieve these successes, **but the key is that they participated.**

In my tenure as a member of the Polk County Medical Society, I have come to witness first-hand the power of working with our state representatives to ensure that our point of view is heard and understood. Representatives rely on others to advise them on numerous issues. If we as physicians are not willing to take time to participate in the process or support groups such as PCMS that will speak on our behalf, we simply lose the vital opportunity of having our voices heard.

At the national level, our PCMS leadership has established close relationships with the senate and congressional representatives. The contacts made by PCMS members during the meetings in Washington D.C. can have such far-reaching impacts. I have witnessed members of our group discussing key issues with the representatives and their staff members, and often this has led to lines of communication being opened between our member and Washington, D.C. Instead of reacting to issues being proposed, the congressional staff now has a contact to seek advice and learn how a particular policy or proposal will really impact what happens in Iowa.

continued from page 6

It is so vital that we remain at the table and remain a reliable source of information for our local, state, and national government leaders. If you are not able to participate yourself in advocacy efforts, ***I call on each PCMS member to continue to belong to national, state, and county medical societies simply for representation. Specialty societies are also important.***

You may think of it as simply paying dues, but these organizations are truly working on your behalf and need your support. If not, you have no seat at the table, no voice, and very little influence on the policies that will shape your practice, your profession, and the care of your patients.



Join DMU in training the next generation of physicians

Des Moines University recently was lauded by the American Academy of Family Physicians as the nation's number-one producer of primary care physicians.

To help maintain this track record, DMU seeks a **full-time clinical/academic family medicine faculty member** who will contribute to both didactic and clinical education, providing educational lectures, laboratories and other educational modalities. The position also will be expected to maintain a clinical practice in the DMU Clinic.

DMU's family and internal medicine department has a reputation for innovation in medical education.

For additional information about the position, visit ***www.dmu.edu/employment***.

Des Moines University is an equal opportunity employer. We evaluate qualified applicants without regard to race, color, national origin, ethnicity, creed, religion, age, disability, sex, gender identity, sexual orientation, pregnancy, veteran status, genetic information and other characteristics protected by law. Candidates from under-represented groups are encouraged to apply.

POLK COUNTY MEDICAL SOCIETY

FINAL 2017 Legislative Report



John Cacciatore
PCMS Lobbyist



Lon Anderson
PCMS Lobbyist

The Iowa Legislature adjourned on April 22nd and the Governor completed all legislation action on May 12th. The following lists the final outcomes this session of PCMS legislative priorities that were supported, monitored and opposed.

VPN Funding and Med Malpractice Reform were top priorities!

PCMS 2017 PRIORITIES:

1. **VPN Funding** - The primary legislative priority for PCMS was funding the Volunteer Physician Network (VPN). The VPN is administered by PCMS and receives state funding to refer patients to specialists who provide free medical care.

In 2017, the initial budget proposed by the Legislature eliminated the funding for

VPN. PCMS leadership, staff and lobbyists worked urgently in a very short timeframe as the session was coming to a close with the Governor, the Department of Public Health (DPH) and the Legislature to restore the funding and achieved a partial restoration of \$100,000.

The Governor approved this appropriation on May 12th.

2. **Medical Malpractice Reform** – The PCMS has worked for years advocating for Medical Malpractice Reform. This year's bill is a victory for medicine and contains a \$250,000 cap on non-economic damages except in the case of severe disfigurement or death, expands the CANDOR legislation that was initially

continued on page 9

continued from page 8

approved in 2015, strengthens expert witness standards and requires a Certificate of Merit for all medical malpractice lawsuits. **The House approved it on a 65-32 vote; the Senate approved it on a 37-12 vote. The Governor signed the bill into law on May 5th and PCMS doctors and staff participated in the bill signing.**

- 3. Mental Health Access and Funding** - The Legislature approved a bill equalizing mental health funding in the state. Most legislators said it was just a first step and more work needs to be done in this area. The legislation equalizes funding across the Mental Health Regions providing better local funding to some areas that were limited under the previous model. It does not allow Polk County to increase its levy, but it does provide a short-term solution by requiring that Broadlawns Hospital make up the shortfall of funding in Polk County by sharing proceeds from one of its levies and through in-kind services. The legislation establishes a statewide workgroup on addressing the needs of complex patients. The bill also requires that all Regions convene meetings with partners like hospitals, law enforcement and community mental health centers to discuss these same issues. **There is a 2018 legislative interim committee established to study funding**

and services for mental health services. This committee will provide a framework to develop solutions in the future.

- 4. Opioid Crisis** - The Iowa Medical Society sponsored a bill dealing with opioids, including the drug prescribing and dispensing information program, medication-assisted treatment insurance and Medicaid coverage, partial dispensing for opioid medication, and allocation of moneys to the pharmaceutical collection and disposal program. **This bill was not approved by House Human Resources Committee.**
- 5. Prior Authorization** - A bill was sponsored to change requirements for prior authorization for services and prescription drugs provided under Medicaid managed care contracts. **This bill was not approved by the Senate Human Resources Committee.**

A number of bills of interest to PCMS members were discussed this session by the Legislature. Summaries of bills of particular interest are below:

SUPPORTED BILLS

- 1. Step Therapy / Fail First** – HF 233 put guardrails on commercial insurance companies' use of step therapy protocols for prescription drugs. The Senate approved the bill on a 47-0 vote, the House

continued on page 24



More specialists. More solutions.
MORE EXPERTS NEAR YOU.

Discover what it means to LIVEUP.

Why do we do it? Why do we offer more clinics with more services and more specialists than anywhere else in central Iowa? Why do we provide easy access to leading heart, brain, cancer and back pain experts right in your neighborhood?

We do it because it's part of our history and our belief in serving patients beyond the call of duty. And we do it because it's part of our philosophy called LiveUp, where service and clinical excellence drive all we do.

Expert care for every need. Discover what Mercy can do for you.

**FIND A PHYSICIAN WITH CENTRAL IOWA'S LARGEST
MULTI-SPECIALTY CLINIC SYSTEM.**

MERCYDESMOINES.ORG



Kathie J. Lyman

SCHOLARSHIP RECIPIENTS

Congratulations to the 2017 Kathie J. Lyman Scholarships Award Recipients! **Allison Smith**, from Des Moines University, a 4th generation doctor from Iowa, and **Tarek Karam**, from the University of Iowa were each awarded a \$1000 scholarship at the Polk County Medical Society Annual meeting to further their medical education.

Kayla Whitmore from the Des Moines University Student Global Health Program and **John Pymm, D.O.** from Broadlawns Medical Center each received a \$500 Global health award from the Kathie J. Lyman Scholarship Foundation to assist them in participating in global medical missions.



L-R: Kathie J. Lyman congratulates 4th generation medical student **Allison Smith**, from **DMU** on receiving her scholarship.



L-R: PCMS President Matt Rau, M.D. awards **U of I** student **Tarek Karam** with the Kathie J. Lyman Scholarship.

IDPH ALERT:

2017 Immunization Law Change

The Iowa Department of Public Health (IDPH), Bureau of Immunization has issued a new vaccine rule requiring all students enrolling in 7th and 12th grade to have the meningococcal (A, C, W, Y) vaccine. The administrative rule change was effective January 11, 2017, and will be implemented at the beginning of the upcoming 2017-2018 school year.

All students entering or transferring into 7th grade and born after September 15, 2004, will need to show vaccine documentation of the meningococcal (A, C, W, Y) vaccine. All students entering or transferring into the 12th grade and born after September 15, 1999, will need to show vaccine documentation of two doses of the meningococcal (A, C, W, Y) vaccine or one dose if received when the child was 16 years of age or older.

The Polk County Health Department is working with school nurses in our county to educate parents and guardians about the new immunization rule. Multiple letters will be sent out, encouraging them to set up an appointment with their health care

provider to get their vaccines up-to-date as soon as possible, before the 2017-2018 school year. Summer is a busy time of year for everyone, so we have also stressed they should not wait as appointments fill up fast and their child may not be able to see their provider in time.

The Iowa Department of Health encourages you to identify your patients impacted by this requirement ahead of time. As they schedule their appointments, it would be a good opportunity to schedule their annual physical exam. It is critical your patients' vaccine status is up-to-date in IRIS. This will aid in the IDPH tracking to make sure students are receiving the meningococcal (Menactra - Sanofi Pasteur and Menveo - GlaxoSmithKline) vaccine in a timely manner.

If you are not currently an IRIS user, please contact Iowa Department of Public Health at 1-800-374-3958.

For additional information on the new meningococcal requirement, please visit <http://www.idph.iowa.gov/immtnb/immunization/laws>



**The Polk County Medical Society
Extends appreciation to
Our Annual Meeting Sponsors**

Silver Sponsors:



Bronze Sponsors:



Wellmark Blue Cross and Blue Shield is an Independent Licensee of the Blue Cross and Blue Shield Association.

The Polk County Medical Society Annual Meeting & Installation of 2017 Officers

The Polk County Medical Society Annual Meeting was held on Wednesday, April 19th, 2017 at the Downtown Des Moines Embassy Club. Guest speakers were the honorable Governor Terry Branstad, Lt. Governor Kim Reynolds and U.S. Representative David Young.

The 2017 PCMS officers were elected and installed, and the 2017 Kathie J. Lyman Scholarship awards were presented. Over 150 PCMS members and guests attended.



L-R: Governor Terry Branstad, William Yost, M.D., Mark Purtle, M.D. and Lt. Governor Kim Reynolds talk about the important historical aspects of the Medical Malpractice Bill and all of Polk County Medical Society's dedication to getting the legislation passed.

Continued from page 14



L-R: U.S. Representative David Young speaks with Christine Taylor, M.D. and Representative Rob Taylor about the tough issues during this legislative session.



L-R: Governor Terry Branstad discusses his future Ambassadorship to China with Joyce Vista-Wayne, M.D. and Kenneth Wayne, M.D.



L-R: PCMS guest Stephanie McGaffin, Lt. Governor Kim Reynolds and Gregory Schmunk, M.D. talk about the potential historical impact of being the first woman governor of Iowa.

continued on page 16

Continued from page 15

L-R: Doug Massop, M.D., Governor Terry Branstad and Kate Massop, M.D. enjoy visiting about the beautiful venues and significant guest speakers Polk County Medical Society presents each year at the Annual Meeting.



Brian Heineman, DO, Katherine Heineman, D.O. and Lt. Governor Kim Reynolds discuss the great partnership between Des Moines University, Polk County Medical Society and the scholarships their students are awarded each year by PCMS members.

L-R: Ed Brown and U.S. Representative David Young share an engaging conversation on the AHCA and enjoy the camaraderie of the evening.



continued on page 17

Continued from page 16



L-R: Mark Danes, Sara Eide and Sue Huppert share a smile and great conversation at the PCMS Annual Meeting.



L-R: James Hopkins, M.D., Nancy Jo Hopkins and Governor Terry Branstad discuss the Governor's long standing historical career, both politically and as Past-President of Des Moines University.



Kathy Beaty, Vincent Mandracchia, D.P.M. and Larry Beaty, M.D. discuss Broadlawns and UnityPoint's new partnership in Mental Health services and medical residency.

continued on page 18

Continued from page 17

L-R: Past-President Joel From, M.D. awards the PCMS presidential plaque to Matt Rauhen, M.D. honoring him for his 2017 year of service as President of PCMS.



L-R: Anuj Bhargava, M.D. and Governor Terry Branstad discuss the importance of PCMS Advocacy and our long valued relationship with the Iowa delegation on both the state and federal level.



L-R: Michael Agey, D.O., Susan Jacobi, M.D., Cory Pittman, M.D., Janell Pittman and Sara Eide enjoy fine dining, conversation and captivating speeches from the guest speakers.

continued on page 19

Continued from page 18



L-R: Dana and Will Wortman, M.D. are looking forward to a fantastic and engaging evening at the PCMS Annual Meeting.

L-R: Linda Hillebrand, Donald Hillebrand, M.D. and Lt. Governor Kim Reynolds are all smiles and looking forward to the night's discussions and revelry.



L-R: Ravinder Agarwal, M.D., Geeta Agarwal and Ketan Dhadphale, M.D. get together to discuss the current medical environment and legislative issues and hope to gain insight from the guest speakers.



Lead Paint Might Be Banned In The United States

BUT LEAD POISONING IS STILL HERE

By: Carlos Alarcon, M.D., M.P.H.

Lead paint was a product of high demand in the 1900's and peaked in 1922. Homeowners loved it because it was durable and washable. However, that love quickly wore off as public health officials and medical experts started to make connections between lead paint poisoning and children's developmental health. In 1978, the federal government banned consumer use of lead paint.

Even with the consumer ban of lead paint, we still have many cases of lead poisoning in the United States. According to the Centers for Disease Control and Prevention, there are approximately 24 million housing units that have deteriorated leaded paint and elevated levels of lead-contaminated house dust. More than four million of these dwellings are home to one or more young children.

Children under the age of six are at the highest risk of lead poisoning. During these years, children tend to put their hands or other objects, which may be contaminated with lead dust, into their mouths. Children's bodies absorb lead at a higher rate. Complications of lead poisoning can lead to intellectual disabilities as a child's brain is still developing. Additional complications can include damage to their kidneys and nervous system.

As health care professionals, we need to make sure we are having conversations with parents and caregivers about lead poisoning and where the child spends most of the time. The child may live in a newer house but if he or she spends significant time at daycare or at their grandparents, they still could be at risk for lead poisoning if the home was built before 1978.

Continued from page 20

Children can also be exposed to lead when families renovate their own older home without utilizing lead safe work practices. Lead paint is still used in other countries. Children who have lived in or visited these countries may be lead poisoned. Best practice is to test children between the ages of one and two that are at low risk. Children who live in an older home need to be tested at one-year-old, 18 months, 2-years-old and then every year until the age of six. This test can be done at your office or at a local health department.

If your patient lives in or spends significant time in a home built before 1978 with lead paint, The Polk County Health Department can help. The Polk County Health Department has been awarded a grant to protect children and

families from the hazards of lead-based paint and from other home and safety hazards. This is a three-year grant from the Department of Housing and Urban Development (HUD).

The program works with families who have a home built before 1978, children under the age of six and meet income eligibility to remove interior and exterior lead hazards from the home. The Health Department has received over \$2.5 million to remediate 150 homes in Polk and Dallas Counties over the next three years. Any home where the child spends a significant amount of time may be eligible. The child does NOT need to have an elevated lead level to qualify for the program. If your patient is interested in this program, please have them contact the Polk County Health Department at (515) 286-2115.



JULY 20, 2017

Enjoy Winefest with your
PCMS Colleagues!

— Sponsored by Foster Group —

save the date

The Polk County Medical Society thanks our

2017 Healthcare Partnership Affiliates:



For their ongoing support



FOSTER®
GROUP

What do I Focus on **NOW?**

JOE BANTZ, CFP®, AIF®

Lead Advisor

Recently, I flew to San Francisco for a tour of Coast Guard Island with two of my daughters. We had a fantastic trip, and left with a great appreciation for the significant role the Coast Guard plays in our nation's defense. But that role is not an easy one – there is much turbulence in the water, the air, and the environment as they daily address hostile drug runners, uncooperative fishermen, careless boaters, and desperate immigrants. How do they execute their mission so effectively, despite the turbulent environment?

The answer is excellent training and disciplined focus; controlling what they can, and keeping their mind on the things that matter. It reminds me of "The Sketch Guy," Carl Richards, who published a simple diagram of the same idea:



You may have noticed there is some "turbulence in the air" right now in America! There is an abundance of fear, distrust, and anxiety as we transition from one presidential administration to another. This drawing reminds us how the Coast Guard does it – and what we, as investors, need to do as well.

SERVING INDIVIDUALS, INSTITUTIONS, AND QUALIFIED PLANS

Contact us today at **844-437-1105** or visit **fostergrp.com/PCMS**.

PLEASE NOTE LIMITATIONS: Please see Important Advertising Disclosure Information and the limitations of any ranking/recognitions, at www.fostergrp.com/disclosures. A copy of our current written disclosure statement as set forth on Part 2A of Form ADV is available at www.adviserinfo.sec.gov.

Continued from page 9

approved it on a 97-0 vote and the Governor signed the bill on May 10. **PCMS supported the bill.**

MONITORED BILLS

1. **Medical Cannabis** – HF 524 is narrower than the wide-ranging medical marijuana bill approved this session by the Iowa Senate (SF 506). But it expands the list of debilitating medical conditions in Iowa eligible for a marijuana extract known as cannabis oil to include cancer, Parkinson's disease, AIDS or HIV, multiple sclerosis, terminal illnesses with severe pain, as well as epileptic seizures and some other ailments. **The House passed it 83-11, the Senate passed it 33-7 and the Governor signed it on May 12. PCMS monitored this bill.**

2. **Medicaid Managed Care** - The Legislature approved language requiring Managed Care Organizations to use the rates that were in place as of April 1, 2016 (when managed care was put in place). The Governor item vetoed this provision, stating that provider reimbursement floors issued by DHS already include protections for providers and therefore the language was redundant and unnecessary.

The bill contained two provisions of Medicaid cost containment that will result in reduced funding

for physician reimbursements. The first was crossover claims, which is a \$7.7 million decrease in Medicaid funding. The second was de-linking Medicaid from Medicare on physician reimbursement rates, which decreases Medicaid funding by \$5 million. **The Governor signed these provisions. Also, the bill contained language requiring informed consent prior to having a pelvic examination. The Governor signed this provision.**

3. **Breast Density** – SF 250 was a compromise that was reached, intended to be less prescriptive and allows medical groups to adapt more easily to new technology and information as it becomes available. The Senate passed the bill 49-0, the House passed it 96-2 and the Governor signed it on April 13. **PCMS monitored the bill.**

OPPOSED BILLS

1. **Consumer Fireworks** – SF 489 ends a longstanding ban on retail fireworks sales in Iowa, making consumer fireworks available each year from June 1 through July 8, and from Dec. 10 through Jan. 3. It prohibits sales to minors, allows local governments to restrict fireworks use and provides fireworks safety education to the public. PCMS was part of a coalition that opposed the bill.

continued on page 25

Continued from page 24

The Senate passed it 34-14, the House passed it 56-41 and the Governor signed it on May 9.

2. Optometrists' injections – SF 437 and HF 567 were proposed to allow optometrists to perform certain injections. The bills were approved by committees in the House and Senate, but not debated in either chamber. **PCMS opposed the bills.**

3. CMV Testing – SF 51 was approved that requires a newborn baby with hearing loss to be tested for congenital cytomegalovirus before the child is 21 days old. The testing requirement would not apply if a parent objects and provides a written refusal. The Senate

passed it 49-0, the House passed it 94-0 and the Governor signed it on April 20. **PCMS opposed this bill, seeing it as an unnecessary mandate on health care professionals.**

4. Lyme Disease – HF 577 states that Iowa doctors would be exempt from certain disciplinary actions based on their treatment of Lyme disease and other tick-borne diseases. **PCMS opposed the initial bill that was broader and was neutral on the compromise reached between the Board of Medicine and advocates. The Senate passed it 49-0, the House passed it 93-0 and the Governor signed it on March 23.**

2017-18 Scholarship Drive

Thanks to all of the doctors who contributed to the Kathie J. Lyman Scholarship Fund. Your support sends a clear message that PCMS doctors are grateful to the young professionals who chose medicine for a career in Iowa. Your support of future medical students is important. If you have not yet contributed, you still can by sending your check to: PCMS - Kathie J. Lyman Scholarship Fund 501 (c)(3), 1520 High Street, Des Moines, IA 50309

1 Mark Puricelli, D.O.	14 Robert T. Brown, M.D. Steven Harlan, M.D.	24 Steven A. Keller, M.D.
2 John Amspaugh, M.D.	William R. Hornaday, Jr., M.D. Leenu Mishra, M.D. Patricia Overton-Keary, M.D.	25 Louis E. Schneider, D.O.
3 Kayleen Hornbrook, D.O. Stephen R. Stephenson, M.D.	15 Matthew C. Brown, M.D. Timothy A. Gerdis, D.O.	26 Yulia Johnson, D.O. Kevin C. Massick, M.D.
4 Mark A. Preston, M.D.	18 James A. Coggi, M.D. Brian Waggoner, M.D.	27 Robert W. Anderson, M.D. Basaviah Chandramouli, M.D.
8 James Singer, D.O. Kent S. Quinn, M.D.	19 Roger T. Liu, M.D. Craig R. Mahoney, M.D.	28 Stacey K. Neu, M.D.
9 Sally J. Studer, D.O.	20 David Herbst, D.O.	29 Julie Anderson-Suddarth, M.D. Jose' V.G. Angel, M.D. Nancy J. Kane, M.D.
10 Mark A. Reece, M.D.	21 Sara Upmeyer, D.O.	30 Richard B. Gloor, M.D. Barbara L. Hodne, D.O. Amr S. Kamhawy, M.D.
12 Bradley S. Lair, M.D. Robert R. Shreck, M.D.	23 Roy Hart, D.O.	
13 Rebecca D. Shaw, M.D.		

JULY BIRTHDAYS

1 Nicholas J. Galioto, M.D.	11 Steven P. Hedding, M.D. Mohammad S. Iqbal, M.D. Sarah Tallman, D.O.	22 Edward Jones, D.O. Judy R. Walker, M.D.
2 Matthew Dewall, M.D. Michael A. Gainer, M.D.	12 George T. Kappos, M.D. Roger D. Kinkor, M.D. Linda Railsback, M.D.	23 Joyce Vista-Wayne, M.D.
3 James Bell, M.D. Ganga Prabhakar, M.D.	13 Dan Miller, D.O. Randolph R. Rough, M.D.	24 Frank N. Haugland, M.D.
6 J. William Holtze, M.D. David R. Laughrun, M.D. Timothy C. Mc Coy, D.O. Kevin M. Rahner, D.O.	14 James A. Davison, M.D. Onyebuchi Ukabiala, M.D.	25 Maria-Victoria Dajud, M.D.
8 Bruce L. Buchsbaum, M.D. Christopher L. Hauptert, M.D.	16 Jeffrey Brady, D.O. Steven A. Elg, M.D.	27 Jason Kopp, D.O.
9 Joel A. From, M.D. Dean W. Moews, M.D. Jason D. Stecker, D.O.	18 Johan Aerts, D.O. Richard A. Sidwell, M.D.	28 Steven Bunge, M.D. Christopher B. Vincent, M.D.
10 Ze-Hui Han, M.D. Teresa LaMasters, M.D.	19 Robert Hatchitt, D.O. Scott M. Shumway, M.D.	29 Shawn Johnson, D.O. Dustin Wiemers , M.D.
		30 Valerie Kounkel, D.O. Timothy M. Schurman, M.D.

*The
Polk County
Medical
Society
would like
to extend
appreciation
to our
Circle
of Friends
2017
Sponsors:*



Silver Members





Congratulations to Richard Deming, M.D., who was featured in **The Business Record** March 24, 2017 for his work and expertise with cancer and clinical trials.



Congratulations to Paul Mulhausen, M.D., who was acknowledged as the Past- President of Iowa Medical Society (IMS), at the IMS Annual Meeting on April 28, 2017.



Congratulations to Joyce Vista-Wayne, M.D., who was installed as the 168th President of Iowa Medical Society (IMS), at the IMS Annual Meeting on April 28th, 2017.

WE'VE GOT
MORE THAN
JUST YOUR
BACK.

Nationally recognized patient safety and risk management programs provide knowledge and guidance to help you navigate current challenges in health care. COPIC has you covered from front to back.



Better Medicine • Better Lives

callcopic.com | 800.421.1834



SOME OF THE FINEST PHYSICIANS PRACTICE RIGHT HERE AT BROADLAWNS.

Broadlawns has expanded its network and now offers more than 22 specialty care clinics dedicated to Women's Health, Orthopaedics, Oncology/Hematology, Sleep Medicine and Allergies, Urology, Gastroenterology, Pain Management, Geriatric Medicine and Family Health. This is possible thanks to the many skilled physicians who choose to practice here.

"The secret is out," says Broadlawns CEO Jody Jenner. "Medical professionals know that our facilities are among the most technologically advanced in the area. They see what's happening here and how it relates to quality outcomes. And they want to be part of it."

Broadlawns—outstanding primary and specialty care, practiced by some of the area's finest physicians. Call today to schedule an appointment.

PHYSICIAN LEADERS PICTURED: From left to right: Dr. Michael McCubbin, Sleep Medicine/Allergy; Dr. Tim Rankin, Orthopaedics; Dr. Scott Neff, Orthopaedics; Dr. Daniel McGuire, Orthopaedics; Dr. Stephen Quinlan, Urology; Dr. John Tentinger, Imaging; Dr. Brad Lair, Oncology/Hematology; Dr. Kendall Reed, Gastroenterology.

515.282.2200

www.Broadlawns.org | 1801 Hickman, Des Moines



Together a healthy community.

GLOBAL MISSION SERVICES TRIPS

Hit Home



Noreen O'Shea, D.O.



Beatrice Soderholm, OMS II



Kayla Whitmore, OMS II

When one thinks of health disparities and medical service trips, one usually imagines developing countries and international organizations. We are so quick to forget that there are significant health disparities present within our own country.

Des Moines University's Domestic Service trip aims to remind students that there are underserved populations

within our own borders, and you do not have to travel far to help your neighbor. The Appalachian region is burdened with a collapse in the local economy, a depreciation of the educational system, and subpar living conditions. These factors come together to produce a 30% unemployment rate in Breathitt County. With health insurance tied to employment it is not hard to rationalize the

continued on page 32

Continued from page 31

high rates of chronic debilitating disease in the area.

During our spring break, eight students travelled to Breathitt County, Kentucky, to witness firsthand the social determinates of health. This philosophy recognizes that health isn't just compromised of physical health, but encompasses education, nutrition and accessibility to health care. This trip acts as a springboard to think about how to practice in the future, especially in rural communities.

During the week students are given the opportunity to work with Department of Public Health Home Nurses, with whom they commute the mountain roads and provide necessary care to residents within their own homes, an experience that has been noted as most meaningful by the students. The nurses take special interest in showing the students the area and describing what it's like to grow up and then serve

in this community. Students can appreciate the complexities of healthcare in the region as they visit homes isolated from town at the end of a "hollow", they enter homes that lack electricity, and cross swing bridges to reach homes inaccessible by road.

Additionally, students are given the opportunity to spend an afternoon in Jackson City School and educate students about pursuing post-secondary education. The high school graduation rate in this area is lower than the national average and is paralleled with the area's high opioid abuse. DMU students can interact with secondary school students by playing chess and participating in conversations regarding our paths to medical school, with the hope that these conversations make the idea of becoming a health professional more relatable and attainable.

This year marked the second year that DMU students travelled

Continued from page 32

to Kentucky for the domestic trip, and our ability to work with the people of this area was dependent on the reputation and relationships that have been built and sustained for over 20 years. As students, we worked hard last year to build on these relationships and gain the trust of the practitioners and patients in this community. The most gratifying part of returning was the people of the community remembering us, being happy to have us back, and hoping that we are considering working in the area in the future.

We are fortunate at DMU because such experiences are not available at every medical

school. Prospective students list the service trip as one of the reasons for ultimately attending DMU. Every participant must complete an application and interview process. The planning and logistics of the trip is completed by 2nd year students with a strong interest in social determinates of health and leadership skills.

We would like to sincerely thank the Polk County Medical Society Executive Council and members for their generosity in awarding financial assistance through the Kathie J. Lyman Scholarship fund for Global Health Service Trips.





THE IOWA
CLINIC®

dedicating our lives to taking care of yours



Experience The Iowa Clinic

iowaclinic.com



515.875.9000

Primary Care Services

- // Family Medicine
- // Internal Medicine
- // Pediatrics
- // Urgent Care

Specialty Care Services

- // Allergy & Immunology
- // Audiology/
Hearing Technology
- // Cardiology
- // Cardiothoracic Surgery
- // Clinical Research
- // Colorectal Surgery
- // Dermatology
- // Ear, Nose & Throat
- // Endoscopy Center

- // Foot & Ankle
Surgery/Podiatry
- // Gastroenterology
- // General Surgery
- // Gynecologic Oncology
- // Hand Surgery
- // Mammography
- // Medical Imaging
- // Men's Center
- // Neurological &
Spinal Surgery
- // Nuclear Medicine
- // Obstetrics & Gynecology
- // Orthopaedics
- // Pain Management
- // Pathology
- // Physical Medicine
& Rehabilitation

- // Physical Therapy
- // Plastic Surgery
- // Pulmonary, Critical Care
& Sleep Medicine
- // Spine Center
- // Surgical Breast Clinic
- // Surgical Oncology
- // Transplant Surgery
- // Trauma Surgery &
Surgical Critical Care
- // Urology
- // Urogynecology/Gynecology
- // Vascular Access Center
- // Vascular Surgery
- // Vein Therapy Center
- // West Lakes
Medical Equipment
- // West Lakes Sleep Center
- // Women's Center



**Discounted Pricing
for PCMS Members**
515-512-4840

Polk County's Medical Staffing Experts!

As the Preferred Vendor of Staffing and Placement Services for the Polk County Medical Society, Favorite Healthcare Staffing provides a comprehensive range of staffing services at preferred pricing to PCMS members.

Favorite has set the standard for quality, service, & integrity in medical staffing since 1981. Call today and let us show you why we are ***The Favorite Choice*** of Physician Practices and Healthcare Professionals throughout the U.S.!



Quality Staffing, Exceptional Results!

Phone: 515-512-4840

Email: MedicalStaffing@FavoriteStaffing.com

Joint Commission Health Care
Staffing Services Certification



AA / EOE / M / F / V / D

Bulletin

Official Publication of the
Polk County Medical Society
1520 High Street
Des Moines, IA 50309



PRESORTED
STANDARD
U.S. POSTAGE
PAID
DES MOINES, IOWA
PERMIT NO 852