

Bulletin

APR/JUN 2024

MEMBER MAGAZINE FOR THE POLK COUNTY MEDICAL SOCIETY

Prairie Meadows Betterment Grant Award

PCMS Legislative Report 2024

PCMS Wild Lights Event 2024

**Flyover Polk County's Medical Society
Punches Above its Weight**

**Beers Criteria Update: Medication
Management in Older Adults**

**Julie Evans Memorial Children's
Healthcare Fund: Dollars in Action**



LAST CHANCE!

PCMS/IAFP PHYSICIAN'S DAY AT THE IOWA STATE FAIR

WHEN

Sunday, August 11th, 2024

11:00 am - 1:00 pm

private party

You may enter the fair at any time/Any Gate

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(THE DEPOT IS SITUATED ON THE EAST SIDE OF THE IOWA STATE FAIRGROUNDS, 3000 E GRAND AVE., DES MOINES, IA, 50317).

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Medical Society

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Des Moines, Iowa
April/June 2024

2024

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MEMBER MAGAZINE FOR THE POLK COUNTY MEDICAL SOCIETY

Inside This Issue

Feature Articles

Prairie Meadows Community Betterment Grant Award	9
PCMS Legislative Report - 2024 Session.....	10
<i>By: John Cacciatore and Lon Anderson, PCMS Lobbyists</i>	
Polk County Medical Society Wild Lights	15
Flyover Polk County's Medical Society Punches Above its Weight.....	21
<i>By: Thomas Benzoni, D.O.</i>	
The Julie Evans Memorial Children's Healthcare Fund: Dollars in Action	23
Beers Criteria Update: Medication Management in Older Adults	24
<i>By: Eric Zacharias, M.D., COPIC Department of Patient Safety and Risk Management</i>	

Monthly Articles

President's Message	4
CEO's Perspective	6
July/August Birthdays	28
September/October Birthdays	30

COVER PHOTO: A Peacock at Wild Lights welcomes PCMS members.

Articles and editorial inquiries should be directed to:

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Success In

Participation and Engagement

By: Thomas Klein, D.O.

Dear PCMS Membership,

I hope this message finds you well. As we navigate through various challenges and opportunities within our healthcare landscape, I am reminded of the strength, dedication, and resilience that each of you brings to our community.

Our society has always been a beacon of excellence in medical practice and community service. The completion of the legislative year marked another successful year of advocacy. The bill to prevent non-medical switching of medication during the insured year was passed. This will help all of us to continue managing our patients with less disruption.

This year we have several exciting initiatives and events planned as well as many social opportunities for the members and their families. Many of us gathered for the Wild Lights at the Zoo this spring to see an amazing array

of illuminated displays and to meet or catch up with area colleagues.

Please check the calendar of events for future gatherings.

I also want to take this opportunity to encourage each of you to take some time for yourselves away from your hectic schedules to enjoy the summer and fall months with family and friends. Taking time to relax and recharge is crucial for your wellbeing and can help you return to your work with renewed energy and focus.

As always, I ask each of you to actively participate and contribute your insights and expertise. Your involvement is crucial in shaping the future of healthcare in Polk County and the state of Iowa.

Thank you for your unwavering commitment and hard work.

— Tom Klein, D.O.

SAVE THE DATE....



**PCMS DC FLY-IN
SEPT. 9-11th, 2024**



**Meet one on one with our IOWA U.S. Delegation in Washington, D.C., see and tour unique sights with your colleagues.....
HAVE FUN AND MAKE AN IMPACT**



What's It All About...

By: Paula A. Noonan, C.E.O.

As we begin the Summer, Polk County Medical Society continues, full steam ahead, in preparing for our next legislative session, increased community services and increasing membership benefits. As with all medical services and practices, the professional leg of the physician profession does not take a break for the summer.

With the current climate of unrest, difficult funding opportunities for health care projects, community services and grants in general, we continue to do our due diligence and advocate. Government has played a significant role in health care since the establishment of medicine. We use government assistance to continue ensuring access to health care and cover health services provided to those at risk, in need

and below 200% of the poverty guidelines.

Our greatest challenges we face as an industry are the rising costs of health care, financial challenges for physicians and other providers, a shortage of health care workforce professionals, increased access and need for improved mental health systems, meeting increasing demands for personalized care and data/cybersecurity issues and breaches.

Your local professional medical society, The Polk County Medical Society is a collective of almost 1500 physicians in Central Iowa who choose to stand together, united, to drive change and face these challenges that affect every physician, practice, and patient.

continued on page 7

continued from page 6

The Polk County Medical Society, as a physicians led medical society, are guided by our physicians in the trenches, not corporate or PAC initiatives. We have a strong resilient voice that has succeeded in moving historic legislation into law. It is our physicians, here in Central Iowa, who engage and participate at state and federal levels on behalf of all Iowa physicians.

Polk County Medical Society reaches beyond the professional engagement to support physician families and colleague relationship building. We are the ONLY medical society in the state of Iowa that hosts local events for physician members and their families throughout the year, at no extra costs to the physician members.

It is not only important to take care of our professional house, but we must care for our home life and

family as a community as well. The support provided to colleagues through our engagements is unique and unsurpassed by other medical societies in our State!

We are proud to be Central Iowa's local medical society, we are proud to support our Central Iowa physicians, their families, and their practices, so they may continue to thrive.

If you are not a current member of the Polk County Medical Society, please join us at one of our events. Find out from your colleagues why they choose to continue their LOCAL medical society as their VOICE and as their medical society of choice to support.

For more information, please call our offices at 515-288-0172 or visit our website: www.pcms.org.

We cannot wait to see you soon!

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Prairie Meadows

Community Betterment Grant Award

Through the Community Betterment Grant Program, Prairie Meadows announced that the Polk County Medical Society Foundation (PCMSF) will be awarded a grant of \$15,000 for partial funding of the Volunteer Physician Network (VPN) interpretation project for patient services. Prairie Meadows seeks to benefit as many qualified organizations as possible with the funds available.

This was a great honor and achievement for the PCMSF VPN program which are very proud recipients. This grant award will allow for more VPN language interpretation services for health care visits, education and care planning of lowans who access the VPN program and require language services, which are a federally mandated portion of the program.



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POLK COUNTY MEDICAL SOCIETY

Legislative Report—2024 Session



John Cacciatore
PCMS Lobbyist



Lon Anderson
PCMS Lobbyist

On Friday, May 17, 2024, the Governor completed final action on bills approved during the 2024 Legislative Session. In all, Governor Kim Reynolds signed 185 bills and vetoed only one, a bill dealing with the open meetings law. The bill was introduced in the aftermath of the Davenport building collapse and attempted to strengthen the open meetings law. The Governor said while she supports the bills concept, an amendment was added that unnecessarily complicates the law, so she felt the need to veto it.

Among the 185 bills she signed, there were bills lowering the state income

tax to a flat 3.8 percent on January 1, 2025, a bill increasing pay for beginning and experienced teachers, and the ten bills that make up the state's \$8.9 billion budget. After the tax cut is factored in, the budget spends 95 percent of available revenue.

The following is a summary of noteworthy bills of interest for the Polk County Medical Society during the 2024 Legislative Session. Please note that this is the second year of the General Assembly. Legislation not enacted in 2024 is not eligible during the 2025 session.

continued from page 10




L-R: Jason Kruse, D.O., Past President of Polk County Medical Society is congratulated on the passage of legislation for Non-Medical Drug Switching and his tremendous advocacy efforts by Governor Kim Reynolds.




Governor Kim Reynolds writes Non-Medical Drug switching legislation into law in front of the medical community.

continued on page 12

Bills Signed by Governor Reynolds:

HF 626 A bill for an act relating to continuity of care and nonmedical switching by health carriers, health benefit plans, and utilization review organizations, and including applicability provisions. The final version of the bill prohibits health insurance carriers from nonmedical switching patients off medications during a health care plan year. It was originally introduced in 2018 so it took a long time to overcome opposition from the insurance industry. Dr. Kruse testified in favor of the bill during several subcommittee hearings and PCMS members lobbied legislators to approve the bill. (5/8 signed by Gov. 4/16 Passed Senate 48-0; 4/17 Passed House 94-1; **Support**) 

HF 2489 A bill for an act relating to insurance coverage for supplemental and diagnostic breast examinations. (Formerly HF 71.) Effective date: 01/01/2025. This bill was introduced on behalf of a daughter of a breast cancer victim and requires insurance companies to pay for supplemental diagnostic, ultrasounds or MRIs for women who have dense breast tissue and an elevated chance of getting breast cancer. This bill is necessary because while insurance covers mammograms, it did not cover the other exams which can detect breast

cancer that mammograms cannot. PCMS members who work in the cancer space lobbied legislators to approve the bill. (5/1 signed by Gov. 4/1 Passed Senate 47-0; 2/21 Passed House 97-0; **Support**) 

SF 477 A bill for an act relating to health care, including the licensure of internationally trained physicians and electronic protected health information, and including effective date provisions. (Formerly SF 439.) Effective date: 07/01/2024, 01/01/2025. This bill was sponsored by Americans for Prosperity with the intent of increasing the number of physicians in the state. PCMS had concerns about the initial bill but thanks to changes proposed by the medical community, the bill ensured the proper background checks and licensure requirements for incoming physicians. (5/3 signed by Gov. 3/26 Passed Senate 48-0; 3/18 Passed House 96-0; **Monitor**)

HF 2698 A bill for an act relating to and making appropriations for veterans and health and human services. Enactment, 07/01/2024 Applicability date: 07/01/2022, 07/01/2023. This is the Health and Human Services Appropriations bill for Fiscal Year 2025. PCMS monitored the bill because it contains the funding for the Volunteer Physician Program (VPN),

Continued from page 12

which is \$225,000, same as FY 2024. The bill also transfers two residency positions from the University of Iowa to Broadlawns, which was in another bill but added to this bill at the last minute. PCMS will continue to lobby appropriators for an increase in the line item for VPN in the next budget bill. (5/9 Signed by Gov.; 4/19 Passed Senate 32-15; 4/18 Passed House 56-35; **Monitor VPN Funding**)

Latest Action and Died:

HF 2488 A bill for an act relating to prior authorizations and exemptions by health benefit plans and utilization review organizations. (Formerly HSB 641.) This bill was a compromise between the Iowa Medical Society and Wellmark on improvements to the state's prior authorization law. The bill requires a utilization review organization to respond to a request for prior authorization from a health care provider within 48 hours after receipt for urgent requests or within 10 calendar days for nonurgent requests. The bill requires, on or before January 15, 2025, all health carriers to implement a pilot program that exempts a subset of participating providers, including primary health care providers, from certain authorization requirements.

The House approved the bill on a 95-0 vote on February 29. The Senate added the Patients Right to Save language, which allows a patient to shop for lower-cost treatment and keep the savings. This idea was approved in another bill which died in the House and the same fate awaited HF 2488 when it returned to the House. (**Died on House Calendar; Support**).

HSB 732 A bill for an act relating to county hospital tax levies in certain counties and including applicability provisions. This bill cuts the

property tax levy for Broadlawns. There was a perception that Broadlawns was receiving way more property tax funding than other county hospitals.

While it is true that the general levy for Broadlawns is much higher, when compared to all the property tax levies available to county hospitals, Broadlawns falls in the middle of the pack. Broadlawns was able to convince members of the House Ways and Means Committee that its levy was fair, and the bill never came up for a vote. (**Died in House Ways & Means Committee; Monitor**)



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POLK COUNTY MEDICAL SOCIETY WILD LIGHTS: *Celebrating Physicians and Their Families*

Lights, Action, Animals, both real and mythical, were the optical spectacular that greeted (PCMS) physician members, family, guests, and sponsors at the Blank Park Zoo Wild Lights 2024 on Thursday, May 2nd.

Members, family and guests came out in full force to have fun while celebrating physicians in Central Iowa with early private access to the displays at the zoo and a delicious array of Italian cuisine in a private Polk County Medical Society event.

We were greeted by an incredible Cobra at the zoo entrance and then lifted away at

the private event by a troupe of beautiful Dragonflies.

Each year the displays get more incredible and interactive, delighting both the adult and the child within. This event is a staple annual favorite event and an awe-inspiring night of fun, camaraderie, food, and a magical display of animals and creatures coming to life after dark.

Thank you to all who attended and supported this great evening! If you didn't make it this year, mark your calendars for next year!



So many countries and magically lighted animals to see as PCMS members venture into Africa! L-R: Sara Upmeyer, D.O., Cooper Upmeyer-Evers, Claire Upmeyer-Evers and Chad Evers. *continued on page 16*

Continued from page 15

L-R: Laura Bowshier, M.D.,
Brian Bowshier, Noah Bowshier,
Emmeline Bowshier and Daniel
Bowshier are riveted by the tigers.



L-R James Patten, M.D. and Jane Patten begin
their lighted journey with colleagues.



PCMS Members, Family and guests enjoy the catered private party before touring the zoo lights displays.

Continued from page 16

L-R: Sam Sixta, Deb Sixta, M.D., Jim Sixta, and Tyler Potter are amazed at the giant Dragonflies on their way to the PCMS Wild Lights event.



Ah, yes and the trip wouldn't be complete without a visit with the wise old owl. L-R: Jane Schrader, M.D. and Maureen Sexton.



PCMS member Janie Hendricks, D.O. dons her butterfly wings for an ethereal photo shot.

continued on page 18

Continued from page 17



The Massop (Doug Massop, M.D. and Kate Massop, M.D.) extended family members, stop for a photo op in front of Polar Bears playing in the lake.



Hey! L-R: Ken Andersen, M.D., Betsy Andersen, Natasha Andersen and Dane Andersen, watch out for those ostriches, they pack a mean peck!



L-R: Anthony Lyman and Erin Jensen show courage stopping and posing. They aren't afraid of any cougars!

Continued from page 18

Karol Kamhawy and Amr Kamhawy, M.D. enjoy the Chinese Opera color and lights.



L-R: Sasha McCoy, Conner McCoy, Tim McCoy, M.D. and Kathy McCoy cross the bridge into adventure.



Family fun for everyone while PCMS members and family view their funny reflections in lit mystical animal displays.

Thank You to our **WILD Lights** Event Sponsors for their continued Support and Partnership



Flyover Polk County's Medical Society

Punches Above its Weight



By: Thomas Benzoni, D.O.

Midwesterners often carry a sense of inferiority, comparing ourselves to our brethren and cistern (say it out loud) on the left and right coasts. Yet Iowans, and the institutions with which we work, are having outsized effects. One such story follows.

While I have firsthand knowledge of the story, I write this without clearing it with the subject. Therefore, you may make your own conjectures who the subject is. There are clues, but not enough.

The Players:

- A graduate of Des Moines University (DMU) with family ties to Ukraine
- A graduate medical training institution with ties to Des Moines since 1898

- A former dean of DMU, a trained EM physician, now associated with NASA.
- A few odd vagaries of accounting
- A maven
- A plane flight
- Luggage

The graduate is well-trained in Emergency Medicine, a specialty well trained in Ultrasound. The Dean sponsored a nascent ultrasound (U/S) program at Des Moines University (DMU) for which a number of ultrasound machines were purchased. These ultrasound machines were procured in an innovative fashion: They were originally designed for veterinary use and were loaded with

continued on page 26



TAILORING YOUR FINANCIAL PLAN TO MATCH YOUR GOALS

BRITTANY HEARD, CFP®, CKA®, CFT-I™, CDFA®, Lead Advisor

Why does my advisor ask me so many personal questions? At Foster Group, we ask these questions to our clients: What's important to you? What we are planning for as it relates to your goals? And what do you hope to achieve? We want to know who you are and what is important to you. Knowing what is important to you helps us as we discuss finances and how you want your money to be used. We know that these conversations are deeply personal, and we would be honored to have them with you.

What's Most Important to You

When we put together the list of things that are important to you, it really could be anything from your family and friends to financial independence to hobbies. Some clients have things like travel, generosity, or pets on the list. Others list golfing, crafting, or religious faith. Whatever it is, we want to know about it, because who you are is deeply connected to how you want to use your money. Also, we enjoy getting to know you, and we want you to feel Truly Cared For® as a client.

What We're Planning For

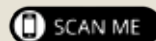
We start to get more into the goals discussion in this section as we talk about what kinds of things you plan to use your money for in the future. You could describe things such as leaving money to heirs at death, making charitable gifts or spending money on travel. Other items could be more specific, such as a new car purchase or a home improvement project. We make this list because, when we know how you want to use your money, it helps us create a financial plan specifically curated for you. It also helps in choosing the right portfolio

for you, one that is built for what you need your funds to do and how you want to use your money in the future.

What You Hope For

Making a list of things you hope for is often the most challenging. Things on this list are typically not items we've given ourselves permission to think about. It may be a far-off dream of what you would do without having to worry about money. It could be something like hoping for good health. You could hope that your children or grandchildren make wise choices in the future. Or, maybe, there's a financial gift you've wondered about but never thought you'd be able to do. Whatever it is, we enjoy hearing about it. In addition to getting to know you better, I've found we can often create a plan that helps you realize a hope that you never thought was possible.

This discussion about what's most important to you, what we're planning for, and what you hope for is deep and typically meaningful. It's also a necessary component to create a customized financial plan. If you don't have an advisor asking these questions, there is potentially a "disconnect" between what your money needs to do and how it is invested. Reach out today for a second opinion.



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The Julie Evans Memorial Children's Healthcare Fund: *Dollars in Action*

The Polk County Medical Society (PCMS) Volunteer Physician Network (VPN) would like to extend appreciation and thanks for the crucial and generous contributions that the Julie Evans Memorial Children's Healthcare Fund granted in 2023.

Julie Evans was our enthusiastic and dedicated angel, our warrior advocate, and an integral part of our ability to provide our program through financial assistance. Her spirit remains celebrated in our lives. The generosity in donation allowed the provision of free access to specialty care to vulnerable children and families in the VPN program over the last year. Ongoing support through the Julie Evans Memorial Children's Healthcare Fund is a deep commitment to the VPN program allowing us to provide the **ONLY FREE ACCESS** to much needed specialty care to children and families in Iowa at 200% below federal poverty levels and who do not qualify for **ANY** other existing assistance. We are their last hope, and they are why this program is available and possible.

We are pleased to report that the Julie Evans Memorial Children's Healthcare

Fund assisted 3,689 vulnerable at-risk children and families, as a beneficiary of this generosity. Julie Evans' impact on the lives of children and their families continues to live on through this annual gift of generosity in her name. Her compassion and drive to see that children and families receive a basic necessity in life, access to healthcare, was paramount.

This access for children and families, at such poverty levels, is a key factor in ensuring their needs are addressed and met and that they have a chance to reach their full potential as productive, caring, and responsible citizens.

The Polk County Medical Society is charged as stakeholders in the health of Iowans and aspires to continue to transform lives and strengthen communities through the Julie Evans Memorial Children's Healthcare Fund.

This memorial fund will assist in continuing Julie's work on behalf of children and families in Iowa and recognize, perpetually, her commitment to improving the lives of children and families through health and education.

Beers Criteria Update: **Medication Management in Older Adults**

By: Eric Zacharias, M.D.

COPIC Department of Patient Safety and Risk Management

Allegations of medication prescribing errors remain a leading cause of medical liability lawsuits in all patients and are particularly common in the elderly population. In all cases, present moment and situational attentiveness when prescribing is important and may help reduce risks of lawsuits. This includes awareness of the higher risk medications.

When using these higher risk medications, providers should consider documentation that supports the clinical decision-making, including why the medication was the best or the appropriate choice in the specific situation, why it was selected over alternatives, how the risk-benefit analysis was discussed with the patient in shared decision-making, and what additional steps and monitoring were undertaken to help prevent or catch early any adverse events. For very high-risk scenarios, providers should also consider an informed consent form in addition to the standard documentation of the discussions and thought process.

One useful resource that providers may consider searching when prescribing medications for adults aged 65 and

older is the American Geriatrics Society (AGS) Beers Criteria, which takes into account that as patients age some medications are associated with higher risks of unintended effects. The AGS has published this guide to medications that meet the criteria, known as Beers Criteria, for potentially higher risks in older patients since 2011 and has periodically updated this guide, most recently in 2023.

The AGS makes it clear that the guide is designed as a tool to support shared clinical decision-making and does not set standards so providers should certainly use clinical judgment in all prescribing decisions. However, due to the aging of the U.S. population and the widespread use of many of the medications on the Beers Criteria list, it is reasonable for providers to be familiar with the list and with updates to the list.

In 2023, there were multiple updates, and some of the notable ones for more widely prescribed medications include:

- Avoidance of aspirin for primary prevention of cardiovascular disease.
- Avoidance of initiating oral or transdermal estrogen. Importantly,

Continued from page 24

topical vaginal estrogen remains appropriate for its major indications of symptomatic vaginal atrophy or urinary tract infection prophylaxis.

- Avoidance of warfarin as initial therapy for nonvalvular atrial fibrillation or venous thromboembolism unless alternatives are contraindicated or there are substantial barriers to their use.
- Avoidance of rivaroxaban for long-term treatment for nonvalvular atrial fibrillation or venous thromboembolism unless alternatives are contraindicated or there are substantial barriers to their use. This is due to higher risk of bleeding in older adults relative to other direct-acting oral anticoagulants.
- Avoidance of sulfonyleureas as first- or second-line monotherapy or add on therapy. This is due to higher risk of cardiovascular events, all-cause mortality, and hypoglycemia than alternative choices.

- Avoidance of antipsychotics for behavioral problems of dementia and delirium due to increased risk of patient harm.

It may be very appropriate to prescribe medications in the elderly that are on the Beers Criteria list, but, if doing so, providers should consider the enhanced documentation guidance noted previously as a way to engage patients in the decision-making process and to reduce the risk of allegations of negligence in the event of adverse outcomes.

The updated AGS Beers Criteria for Potentially Inappropriate Medication Use in Older Adults can be accessed on the American Geriatrics website at <https://geriatricscareonline.org/toc/american-geriatrics-society-updatedbeers-criteria/CL001>



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Continued from page 21

human software. They could operate for a few hours on battery power and could recharge on voltages from 110 to 250 VAC.

Time runs, as it will. The machines helped in the education of many years of DMU students. While still quite operational, they were fully depreciated and were replaced by new and even fancier machines. So, a problem sprung up: what do you do with veterinary ultrasound machines that are at the end of useful life but still worked very well and were (past tense on purpose) complete with the three major probe types (phased, linear, curvilinear)? Throw in a dumpster, recycle at Home Depot, or Best Buy or repurpose? Only the latter was in DMU spirit.

The graduate heard of these machines through association with Polk County Medical Society (PCMS). PCMS has members associated with DMU (author), Ukraine and the CEO.) By combining chance interactions with the PCMS member, the PCMS CEO and the colleague/DMU graduate, an idea was born.

The graduate had family in Ukraine. They had a planned visit already in the works. Ultrasound machines are classified by the FDA as radiation emitting devices, to be under the

control of a physician. (I know, radiation is not emitted by U/S; you argue with the FDA.)

So, this graduate took, with DMU's permission and blessing and PCMS coordination, two fully operational ultrasound machines (and a bottle of gel each) as their checked luggage. The family member took one bag of actual luggage for each of them as their total two checked bags. And off they flew.

On landing near Ukraine (think Poland), the ultrasound machines were turned over to Ukrainian armed forces. The medical troops were trained in the machine operations; paper and DVD instructions were also enclosed. (I don't know if the instructions were in Ukrainian but probably so.)

These ultrasound machines were initially used at major facilities caring for civilians and wounded evacuated from front line aid stations. By now, they are likely on or near the front lines.

Polk County Medical Society may be far from anywhere but, through people and institutions of goodwill working together, we can and do make a difference globally.



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7	Susan M. Jacobi M.D.	25	Raymond L. Webster M.D.
8	Matthew P. Rauen M.D.	27	Douglas W. Massop M.D.
11	Maurice M. Hart M.D.	29	Christine R. Carstensen M.D.
15	Mark S. Bissing D.O.	30	Christopher F. Blodi M.D. Michael D. Jackson M.D. Bernard J. Munro M.D.
17	Dale F. Andres D.O. Dana Danley M.D. David W. McAllister D.O.		

UnityPoint Health – **YOUR TRUSTED PARTNER**



When it comes to caring for your patients, UnityPoint Health is your trusted partner throughout Central Iowa with approximately 400 primary and specialty physicians. Whether it is in our hospitals, clinics or home care services, we can partner with you to provide a high-quality network of health care when and where your patients may need it. From newborns to adults, we have the specialists to meet your patients' unique needs.

Call our UnityPoint Health Transfer Center at **(800) 806-1787**.
We believe in working together to provide the best outcome possible for each patient.



UnityPoint Health

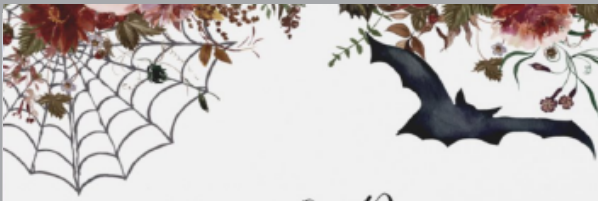
Iowa Methodist Medical Center | Iowa Lutheran Hospital | Methodist West Hospital | Grinnell Regional Medical Center | Blank Children's Hospital | John Stoddard Cancer Center | Eyerly Ball Community Mental Health Services | UnityPoint Clinic | UnityPoint at Home | UnityPoint Hospice

SEPTEMBER BIRTHDAYS

1	15
James W. Hopkins M.D.	John U. Skoog M.D.
Robert C. Kitterman M.D.	
2	18
Noreen E O'Shea D.O.	Stephanie L. Pothoven D.O.
	Mark W. Purtle M.D.
3	19
Steven A. Cahalan M.D.	Bick T. Carfrae M.D.
Luke Espelund M.D.	
Robert H. Hoyt M.D.	21
	Dante R. Toriello D.O.
4	Mark W. Westberg M.D.
Ryan S. Bakke M.D.	
6	24
David C. Ball M.D.	Martin R. Aronow D.O.
	Praveen C. Prasad M.D.
10	25
Kevin J.Cunningham M.D.	Gregory Schmunk M.D.
11	27
Mark R. Matthes M.D.	Katrina Smith M.D.
13	29
Stanton L. Danielson M.D.	Benjamin S. Paulson M.D.
14	
Janie C. Hendricks D.O.	

OCTOBER BIRTHDAYS

6	20
Larry Beaty M.D.	Kent J. Hall M.D.
Sue Ann Olmstead D.O.	Laurie M. Kuestner M.D.
7	21
Kyle J. Alliman M.D.	Charles J. Deay M.D.
Ellie L. Bishop D.O.	
Ravi K. Vemuri M.D.	23
Eytan Young M.D.	Sharon Bertroche M.D.
	Robert L. Clark M.D.
8	26
Thomas E. Benzoni D.O.	Michael C. Fraizer M.D.
Steven M. Craig M.D.	
Royce K. Dexter M.D.	27
	G. Leon Berkley D.O.
11	28
Theodore W. Rooney D.O.	Cass Franklin M.D.
Bradley E. Wilcox D.O.	Douglas Hanson M.D.
16	29
Richard L. Glowacki M.D.	James M. Cummings M.D.
18	30
Margaret H. Verhey M.D.	Teri Wahlig M.D.



Save the Date

PCMS FALLOWEEN FESTIVAL FOR PHYSICIANS AND FAMILY

WHEN: Saturday, October 5th, 2024

TIME: 10am-12 pm (for PCMS entrance time and private party at reserve tables.) **YOU CAN STAY AS LONG AS YOU LIKE AT THE FARM!**

WHERE: Howell's Greenhouse & Pumpkin Patch
3145 Howell Court, Cumming, IA 50061

FEATURING: Food, Beverage, Wagon Rides, Corn Maze, Pumpkin Pad, play area, pumpkin patch, Farm animals, Activity Station Playground and Big White Barn Shopping

(NOT INCLUDED: Zipline, Pony Rides, Corn/ Pumpkin Cannons and other adventure activities available with cash payment)

**ALL AGES
EVENT**

**FREE TO PCMS
MEMBERS AND
IMMEDIATE
FAMILY**

**Non PCMS Member
Physicians and family**
Welcome to join in the
fun with purchase of
PCMS discount ticket

price of \$12/ppr

**LIMITED
TICKETS AND
AVAILABILITY**

**FIRST COME
FIRST SERVE**



Bulletin

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